

Phagans School of Hair Design
12000 SE 82nd Avenue Suite 4010
Happy Valley, OR 97086
503 652-2668
www.phagans.com

2026 - 2027

ANNUAL SCHOOL SAFETY REPORT & SECURITY
INFORMATION

FERPA

(Family Educational Right and Privacy Act of 1974)

What is FERPA?

Similar to laws protecting employment and medical records, FERPA protects the privacy of all “education records” maintained by schools that receive Federal Financial Aid.

Student Rights under FERPA

Students have the right to:

- Inspect and review their education records in a timely manner (within 45 days with written request)
- Amend records they believe are inaccurate or misleading
- Consent to disclosures of the personally identifiable information in their records
- File a complaint with the US Dept of Education if you feel your rights have been violated

Who can access student records without student consent:

- Parents of a dependent student – students under 18
- School officials with legitimate educational interests
- Schools in which a student seeks or intends to enroll
- To Federal, State, and local *educational* authorities conducting an audit, evaluation, or enforcement of education programs
- Requests in connection with financial aid, such as a college loan
- Organizations conducting studies on behalf of *schools*
- A judicial order or subpoena (reasonable effort to notify)
- Cases involving a health or safety emergency
- State and local officials in connection with serving the student under the juvenile justice system.

Directory Information

Schools may disclose this type of information **without the written consent** of the student. However, the student can exercise the option to restrict the release of directory information by submitting a formal request to the school to limit disclosure.

- Name;
- Student identification number;
- Address;
- Dates of Attendance;
- Phone number and email address;
- Degree(s) awarded;
- Enrollment status;
- Major field of study.

Non-directory Information (PROTECTED INFORMATION)

Non-directory information must not be released to anyone, including parents of the student, without the prior written consent of the student.

- Social security numbers;
- Race, ethnicity, and/or nationality;
- Gender
- Transcripts; grade reports

Phagans requires a written request to have transcripts sent to any third party as the privilege of privacy of this information is held by the student under FERPA.

For more information you can visit www.ed.gov or call 800-872-5327 or write to the following address:

Family Policy Compliance Office
U.S. Department of Education
400 Maryland Avenue, SW
Washington, D.C. 20202-8520

Phagans School of Hair Design

Annual Security & Safety Report

www.Phagans.com

This is our Annual Security and Safety Report. This report is to notify our Staff and Students of important safety information. We are required to distribute this report annually to our current and new Staff and Students by October 1st.

This Annual Security & Safety Report contains information on the following:

Emergency and Evacuation Procedures
Timely Warning Notification
Emergency Procedures & Map
Drug and Alcohol Policy & Sanctions
Sexual Harassment Policy & Definitions
Clery Campus Safety Reporting
Crime Statistics
Community and Safety Resources

Please notify these designated Staff members with any questions or concerns:

Barbara Climaldi – School Owner/Title IX Officer	503 652-2668 ext 681	
Marcy Sharpan – Financial Operations & Compliance	503 652-2668 ext 681	<u>marcy@phagans.edu</u>
Marquita Goldsby – Director of Education	503 652-2668 ext 661	<u>marquita@phagans.edu</u>

Emergency Notifications, Timely Warnings and Evacuation Procedures

At Phagans School of Hair Design the safety of our students and employees is our highest concern. In the event of hazardous weather or other emergencies Phagans will notify staff and students of any school schedule changes, school closures or emergency information.

While you are at school and in the event of an emergency or routine fire drill, please follow this procedure:

- 1. Dial 911 in an emergency**
- 2. Dial Mall security at 503 653-6962 if needed**
- 3. Remain calm**
- 4. Walk, don't run. Do not attempt to retrieve your belongings**
- 5. Exit through the nearest exit door to the outside and proceed on the sidewalk South of Phagans past Dave & Buster's restaurant and wait for instructions.**
- 6. If you are with a client, help them with their evacuation. If you are performing a chemical service request assistance from an instructor.**

While you are off campus and in the event of an emergency, hazardous weather, school schedule changes or closures Phagans will notify staff and students via the following sources:

- 1. Phagan's Facebook page**
- 2. Phagan's website – www.Phagans.com.**
- 3. Television and local radio stations.**
- 4. Recorded phone message on the school's main number 503 652-2668.**

Happy Valley location:

Upon exiting the building, assemble for roll call past Dave & Buster's restaurant located south of Phagans. Do not enter the school until a staff member notifies you that it is safe to do so.

In some cases, it may be necessary to assemble in another location or stay in the building depending on the nature of the emergency. Should a situation occur that may threaten the safety of our students and staff, you will be notified of alternative locations or emergency plans as needed.

Emergency drills will be conducted periodically. Please contact the Compliance Officer with any questions or concerns at 503 652-2668 ext 681.

FRONT DESK & STAFF PROCEDURES DURING AN EMERGENCY

HAPPY VALLEY CAMPUS

CALL OR TEXT 911 TO REPORT EMERGENCY

FIRE

Assist all clients in the lobby outside
Help direct students outside and to the space in front of Dave & Busters
Do not allow students upstairs. Be firm about this.
Use intercom to help get people outside
Go upstairs to alert classrooms

ROBBERY

Give them anything they want!!

ACTIVE SHOOTER

Be Aware & be prepared – RUN HIDE FIGHT
If evacuation is necessary meet at KOHLS parking lot near front doors at Clackamas Promenade
Lock front doors first if possible
Direct everyone to the back of the school, away from windows
Use Dispensary/storage area EXIT if necessary
Check classrooms and advise to stay in locked classroom unless directed otherwise

DISTURBANCE OUTSIDE BUILDING

Lock the front doors
Call Security at 503 653-6962
Direct everyone away from reception area

DISGRUNTLED CLIENT

CALL MANAGER
Do not engage
If client has aggressive behavior call security

MEDICAL EMERGENCY

Call Manager/Instructor
Call 911 if necessary

IMPORTANT INFORMATION

CALL or TEXT 911 – when it is safe to do so
MALL SECURITY 503 653-6962
Phagans School of Hair Design 503 652-2668
School Owner & Title IX Coord. Barbara Climaldi
Compliance Marcy Sharpan

Annual School Safety Report & Security Information

Phagans School of Hair Design is committed to the safety and security of our students and staff. In compliance with the “Jeanne Clery Campus Safety Act” we are required to prepare and distribute our safety and security policies and statistics annually.

Should you witness a crime or if you are a victim of a crime, please contact the police if necessary and when it is safe to do so. Dial 911 to report an emergency. To report a crime, emergency, harassment, or bullying at school please notify the School Owner or the Compliance Officer immediately. If they are unavailable, please notify any staff member for assistance.

Phagans School of Hair Design encourages students and staff to report any crime or emergency to School Owner and/or the Compliance Officer and local law enforcement when the victim of such crime elects to or is unable to make such a report.

When Phagans School of Hair Design receives notice that a crime or qualifying incident may have occurred at school we will follow our standard procedure to investigate and protect the confidentiality of our students, employees and the standard of evidence when possible. However, the information and/incidents disclosed in confidence to employees may be required to be reported (including personally identifying details) to the Compliance Officer and law enforcement personnel if required.

The Stop Campus Hazing Act was signed into law in December 2024. This updates the name of the Jeanne Clery Campus Security Policy to “Jeanne Clery Campus Safety Act” Phagans School of Hair Design prohibits any act of hazing that is committed in the course of membership in a student organization.

To ensure the accurate and prompt reporting of all crimes or incidents, authorized school personnel may take a written statement from involved parties and witnesses for a reported emergency or qualifying incident. The written statements may be included as part of a written report and such statements may be used by authorized staff and local/state enforcement authorities for the purpose of any criminal apprehension and/or crime prevention. We may conduct private interviews as part of the investigation. Criminal incidents may also be reviewed by the institution’s administrative staff for the purpose of disciplinary action. School investigations are separate from any investigations that may be conducted by law enforcement. Please see our catalog for more information or contact the School Owner and/or the Compliance Officer.

On March 7, 2013, President Obama signed the Violence Against Women Reauthorization Act of 2013. In 2014, amendments were published and final regulations went into effect July 1, 2015. This Act requires eligible educational institutions to compile additional statistics for reported incidents of domestic violence, dating violence, sexual assault and stalking specifically. Such statistics shall not identify victims of crimes or persons accused

of crimes. In some cases, a reported incident may be removed from our statistics and deemed as “unfounded” by law enforcement officials or by authorized administrative personnel.

Phagans School of Hair Design prohibits the crimes of dating violence, domestic violence, sexual assault, and stalking. Phagans School of Hair Design takes all reported incidents seriously and will follow school guidelines in the investigation and protection of victim confidentiality whenever possible to the extent permissible by law. Phagans School of Hair Design encourages victims or witnesses to report crimes on a voluntary and confidential basis. When the school receives notice of conduct which appears to be sexual harassment, dating violence, domestic violence, sexual assault or stalking we will follow our standard procedure to promptly investigate in a prompt, fair and impartial manner.

We will protect the rights and confidentiality of the accuser and the accused whenever possible. We will protect the standard of evidence that may be used during any official misconduct proceeding that may arise from an investigation. If it is determined that inappropriate conduct has been engaged in, appropriate action will be taken immediately using the school’s standard procedures. Such actions may range from counseling to termination of employment or enrollment and/or other actions taken by law enforcement if necessary. If applicable, the accuser and the accused will receive simultaneous written notification of any official meetings, proceedings (hearings whether formal or informal) results (conclusions or final report) or appeal procedures.

The Department of Education chose not to define “Consent” for Violence Against Women Act purposes. However, at a minimum schools recognize that consent is a voluntary agreement to engage in sexual activity; someone who is incapacitated cannot consent; past consent does not imply future consent; silence or an absence of resistance does not imply consent; consent to engage in sexual activity with one person does not imply consent to engage in sexual activity with another; consent can be withdrawn at any time; and coercion, force, or threat of either invalidates consent.

Phagans School of Hair Design prohibits any form of discrimination or threat to any individual’s safety based on race, gender, religion, national origin, sexual orientation, ethnic origin, gender identity, ethnicity or disability. Phagans School of Hair Design prohibits any form of retaliation, intimidation, threats, coercion, or discrimination against any individual for exercising their rights or responsibilities under these provisions.

Phagans School of Hair Design’s primary awareness and prevention programs to prevent domestic violence, dating violence, sexual assault and stalking, harassment, hazing and bullying, and to inform about safe and positive options for bystander intervention and risk reduction consist of written resources of where to get help and this information is available to all students and employees. We inform all current and new students and staff of our policies and information during orientation, annual notifications, posted information in student and staff areas, through periodic classes and distributed information during the

school year. Any student or employee who reports being a victim of dating violence, domestic violence, sexual assault or stalking is provided with resources and a written explanation of their rights and options, regardless of whether the offense occurred on campus.

The information provided includes where to find counseling, health, mental health, victim advocacy, legal assistance, visa and immigration assistance, student financial aid if available, and other services available for victims. We will work with students or staff when necessary to assist in finding alternatives in changing academic, living, transportation and working situations, if requested by victims and if accommodations are reasonably available. We will attempt to assist victims regardless of whether they choose to report the crime to school authorities or local law enforcement.

Compliance with the above listed provisions does not constitute a violation of section 444 of the General Education Provisions Act (20 U.S.C 1232g), commonly known as the Family Educational Rights and Privacy Act of 1974 (FERPA)

As required under section 170101(j) of the Violent Crime Control and Law Enforcement Act of 1994 (42 U.S.C. 14071(j)), you may obtain information regarding registered sex offenders in your area by contacting www.oregon.gov/osp.

For more information, please see our catalog and resource information or contact the School Owner and/or the Compliance Officer at the Happy Valley Campus at 503 652-2668 ext 681 or Marcy@phagans.edu.

BY FOLLOWING SOME BASIC SAFETY TIPS YOU MAY DECREASE YOUR CHANCES OF BEING A VICTIM OF CRIME...

1. Personal safety begins with you. When walking on campus, be aware of who and what is around you. Try not to walk alone and avoid streets and secluded pathways or alleyways.
2. Avoid walking alone at night.
3. When walking to your vehicle, have your keys in hand.
4. Do not carry large amounts of cash.
5. Keep your motor vehicle in good running condition. Always lock your car and remove any packages and valuables. Try to park in lighted areas.
6. Do not leave books or personal property unattended.
7. Have emergency contacts in your phone.
8. Use the "buddy system" and watch out for your neighbor. If you see something, say something.

Phagans School of Hair Design takes the safety of our staff, students and patrons very seriously. We will continue to promote a safe educational environment.

Drug and Alcohol Abuse Prevention Policy

Phagans School of Hair Design does not allow students or employees to be impaired, use, possess, distribute, or sell drugs and/or alcohol before or during school hours.

The US Department of Education requires all participating postsecondary institutions to establish a Drug and Alcohol Policy. In accordance with the guidelines set forth in the "Drug-Free Workplace Act of 1988" (PL 101-690) and the "Drug-Free Schools and Communities Act Amendments of 1989" (PL 101-226) Phagans is committed to providing a safe and healthy environment to all students, staff and patrons. Pursuant to Federal Rules and Regulations, Phagans has adopted and strictly enforces our policy regarding the use, possession, distribution, or selling of drugs and/or alcohol on school property.

Phagans is concerned about Drug and Alcohol use as it adversely affects employees and students and the ability to perform required tasks. The use of alcohol and/or drugs diminishes public safety and compromises the quality of services offered. Working in a career that consists of working with caustic chemicals and sharp implements requires students and staff to be alert and aware.

Some medications are prescribed and some drugs are legal (including pain killers, medical marijuana, and methadone maintenance) and some have been known to have side effects that can hinder student and staff performance. With the recent passage of Measure 91 and Oregon's Medical Marijuana Act, Phagans' policy remains in effect and unchanged. Although Measure 91 allows recreational marijuana use in Oregon Phagans does not allow employees or students to be impaired, use, possess, distribute, or sell marijuana on campus. Phagans' policy also applies to prescription drugs that can alter the ability to perform required hands-on tasks.

Phagans recognizes alcoholism and/or drug abuse as an illness or disorder and Phagans offers resources for help, but it is up to the employee or student to seek help. We strongly encourage you to seek additional information or seek treatment if you need it. We offer confidential assistance to employees or students seeking treatment. Please see the Director of Education or Compliance Officer for more information.

Drugs and/or alcoholism can cause serious health problems, some of the effects may include:

Drowsiness	Convulsions
Slurred Speech	Coma
Hallucinations	Overdose
Disoriented Behavior	Death

If an employee or student does not seek help and the problem in some way comes to the attention of the school, then disciplinary action may result. Phagans may impose sanctions on employees or students for violations of these standards of conduct. Disciplinary action can include any of the following:

Dismissed for the day	Suspension
Written Warning	Termination

Although Phagans has the above disciplinary policy, the school reserves the right to terminate anyone at any time depending on the nature of the violation and/or to protect the safety of our school. Phagans reserves the right to do random drug testing. Phagans will report criminal offenses and work with local law enforcement as required. In addition, there are numerous local, state, federal laws and legal sanctions which can be used to punish violators. Sanctions and penalties can range from fines, community service, suspensions, revocation and denial of driver's license, property seizure to imprisonment.

Also, a licensing board, commission, or agency may consider a criminal conviction or other conduct, if it relates to the licensed activity, when determining whether a person is fit to receive or hold a specific occupational license.

Thank you for abiding by Phagans Drug and Alcohol Abuse Prevention Policy.

Local Resources for Drug and Alcohol Abuse Prevention

The Oregon Drug and Alcohol information
Legacy Emanuel Hospital
503-413-2673

Hooper Detoxification Stabilization Center
503-238-2067

Providence Chemical Dependency Services
503-574-9200

Serenity Lane
(503) 244-4500

AA Information
503 223-8569

Alcohol and Drug Treatment Referral
800-454-8966

Clackamas County Minor in Possession Rules

Clackamas County alcohol regulations are a combination of state laws enforced by the Oregon Liquor and Cannabis Commission (OLCC) and local county rules, which include county-specific liquor licensing for businesses in unincorporated areas, restrictions on alcohol in county parks, and local ordinances on underage possession and DUIs. For licensed businesses and deliveries, state laws apply, while the county handles licensing applications for businesses in unincorporated areas and enforces local public safety measures.

MIP - Alcohol or Marijuana

A person under 21 years of age may not attempt to purchase, purchase or acquire alcoholic beverages and may not have personal possession of alcoholic beverages. Personal possession of alcoholic beverages includes the acceptance or consumption of a bottle of such beverages, or any portion thereof, or a drink of such beverage for a person under age 21.

A person under 21 years of age may not possess, attempt to purchase, or purchase a marijuana item. Purchasing a marijuana item includes accepting a marijuana item, and possessing a marijuana item includes consuming a marijuana item in the last 24 hours.

MIP is a class A violation with a penalty of presumptive fine of \$440 if a person under age 21 is operating a motor vehicle while in personal possession of alcoholic beverages or by possessing a marijuana item. The maximum fine is \$2,000.

MIP is a class B violation with a penalty of a presumptive fine of \$265 if a person is on foot or a passenger in a motor vehicle. The maximum fine is \$1,000.

Mandatory court appearance

A citation for the offense of MIP requires you to personally appear before the Judge. Your first court appearance date and time is in on the face of the citation given to you by the police officer.

First conviction

A fine will be ordered. If you were operating a motor vehicle, the sentence may include a one year suspension of driving privileges and your right to apply for a driver's license. The license suspension starts on the date of conviction. If you have a driver's license, the Judge will take your license in the courtroom and send it to the Oregon Department of Motor Vehicles (DMV). At the end of your license suspension period, you must contact DMV and

pay a reinstatement fee to get a new driver's license before you drive a vehicle or apply for your driver's license.

For a first offense, you will be eligible to reinstate your driving privileges 90 days after the suspension start date if you complete the following: the fine is paid in full; an education class is completed; a letter is submitted to the Judge stating what you have learned; and you contact the Court to request reinstatement of your driving privileges.

Second or subsequent conviction

A fine will be ordered. You will be required to undergo a diagnostic assessment. The evaluator will refer you to an information program or to a treatment program designed for counseling. You will pay for the cost of your assessment and the treatment program ordered. The sentence may include a one year suspension of driving privileges.

ORS 471.430 Oregon Revised Statutes

Purchase or possession of alcoholic beverages by person under 21

entry of licensed premises by person under 21

Penalty

immunity

suspension of driving privileges

assessment and treatment

(1)A person under 21 years of age may not attempt to purchase, purchase or acquire alcoholic beverages. Except when a minor is in a private residence accompanied by the parent or guardian of the minor and with the parent's or guardian's consent, a person under 21 years of age may not have personal possession of alcoholic beverages.

(2)For the purposes of this section, personal possession of alcoholic beverages includes the acceptance or consumption of a bottle of alcoholic beverages, or any portion or a drink of alcoholic beverages. However, this section does not prohibit the acceptance or consumption by any person of sacramental wine as part of a religious rite or service.

(3)Except as authorized by rule or as necessitated in an emergency, a person under 21 years of age may not enter or attempt to enter any portion of a licensed premises that is posted or otherwise identified as being prohibited to the use of minors.

(a)Except as provided in paragraph (b) of this subsection, a person who violates subsection (1) or (3) of this section commits a Class B violation.

(b)A person commits a Class A violation if the person violates subsection (1) of this section by reason of personal possession of alcoholic beverages while the person is operating a motor vehicle as defined in ORS 801.360 ("Motor vehicle.").

(c)Notwithstanding ORS 153.018 (Maximum fines), if a person who violates subsection (1) or (3) of this section was under 18 years of age at the time of the violation, the court may not impose any fine for the violation.

(5)In addition to and not in lieu of any other penalty established by law:

(a)The court may order a person who violates subsection (1) of this section through misrepresentation of age to perform community service; and

(b)The court shall order, when a person violates subsection (1) of this section, that the person's driving privileges and right to apply for driving privileges be suspended pursuant to ORS 809.260 (Court-ordered suspension of driving privileges of juvenile) and 809.280 (Department procedures following court order of suspension or revocation). The court notification made to the Department of Transportation under this paragraph may include a recommendation that the person be granted a hardship permit under ORS 807.240 (Hardship permit) if the person is otherwise eligible for the permit.

(6)If a person cited under this section is at least 13 years of age but less than 21 years of age at the time the person is found in default under ORS 153.102 (Entry) or 419C.472 (Suspension of driving privileges) for failure to appear, in addition to and not in lieu of any other penalty established by law, the court shall issue notice under ORS 809.220 (Failure to appear) to the department for the department to suspend the person's driving privileges under ORS 809.280 (Department procedures following court order of suspension or revocation) (4).

(7)In addition to and not in lieu of any penalty established by law, the court may order a person who violates this section to undergo assessment and treatment as provided in ORS 471.432 (Examination for problem condition involving alcohol upon conviction). The court shall order a person to undergo assessment and treatment as provided in ORS 471.432 (Examination for problem condition involving alcohol upon conviction) if the person has previously been found to have violated this section.

(8)The prohibitions of this section do not apply to a person under 21 years of age who is acting under the direction of the Oregon Liquor and Cannabis Commission or under the direction of state or local law enforcement agencies for the purpose of investigating possible violations of laws prohibiting sales of alcoholic beverages to persons who are under 21 years of age.

(9)The prohibitions of this section do not apply to a person under 21 years of age who is acting under the direction of a licensee, an eligible business, as defined in ORS 471.521 (Definitions for ORS 471.521 to 471.537), or a third-party delivery facilitator, as defined in ORS 471.521 (Definitions for ORS 471.521 to 471.537), for the purpose of investigating possible violations by employees or agents of the licensee, eligible business or third-party delivery facilitator of laws prohibiting sales or deliveries of alcoholic beverages to persons who are under 21 years of age.

(a)A person under 21 years of age is not in violation of, and is immune from prosecution under, this section if:

(A)The person contacted emergency medical services or a law enforcement agency in order to obtain medical assistance for another person who was in need of medical assistance due to alcohol consumption and the evidence of the violation was obtained as a result of the person's having contacted emergency medical services or a law enforcement agency; or

(B)The person was in need of medical assistance due to alcohol consumption and the evidence of the violation was obtained as a result of the person's having sought or obtained the medical assistance.

SEXUAL HARASSMENT/SEXUAL VIOLENCE POLICY

This policy of Sexual Harassment/Sexual Violence applies to all Phagans School of Hair Design employees and students, including faculty and professional staff, and other staff and students.

Phagans School of Hair Design takes allegations of sexual harassment/violence seriously and will respond promptly to complaints. Where it is determined that such inappropriate conduct has occurred, the college will act promptly to eliminate the conduct.

Please note that while this policy sets forth the College's goals of promoting a workplace that is free of sexual harassment, the policy is not designed or intended to limit the College's authority to discipline or take remedial action for workplace conduct which is unacceptable, regardless of whether that conduct satisfies the definition of sexual harassment. The sexual harassment of students by College employees (faculty and staff) is also a violation of law and College policy and will be cause for disciplinary action.

The Equality Employment Opportunity Commission (EEOC), the legal definition for sexual harassment is this: sexual harassment means sexual advances, requests for sexual favors and verbal or physical conduct of a sexual nature when:

- a) Submission to or rejection of such advances, requests or conduct is made either explicitly or implicitly a term or condition of employment or as a basis for employment decisions; or
- b) Such advances, requests or conduct have the purpose or effect of unreasonably interfering with an individual's work performance by creating an intimidating, hostile, humiliating or sexually offensive work environment.

Under these definitions, direct or implied requests by a supervisor for sexual favors in exchange for actual or promised job benefits such as favorable reviews, salary increases, promotions, increased benefits, or continued employment constitutes sexual harassment. For purposes of this policy, senior faculty may be considered to be in a supervisory relationship with junior faculty. Faculty of all ranks may also be in supervisory relationship with staff and students.

While it is not possible to list all of the circumstances that may constitute sexual harassment, the following are some examples of conduct if unwelcome, may constitute sexual harassment depending upon the totality of the circumstances, including the severity of the conduct:

- Unwelcome sexual advances – whether they involve physical touching or not;
- Sexual epithets, jokes, written or oral references to sexual conduct, gossip regarding one's sex life; comment on an individual's body, comment about an individual's sexual activity, deficiencies or prowess;

- Displaying sexually suggestive objects, pictures, cartoons;
- Unwelcome leering, whistling, brushing against the body, sexual gestures, suggestive or insulting comments;
- Inquiries into one's sexual experiences; and,
- Discussion of one's sexual activities.

All employees should take special note that, as stated above, retaliation against an individual who has complained about sexual harassment or who has cooperated with an investigation of a sexual harassment complaint is unlawful and will not be tolerated by the College.

Complaints of Sexual Harassment/Violence

If any employee or student believes that he or she has been subjected to sexual harassment, the employee or student has the right to make sure of all the established procedures of the College, including the filing of a complaint in writing.

If an employee or student wishes to file a complaint, he or she may do so by contacting Barbara Climaldi at 503-652-2668. Barbara Climaldi is also available to discuss any concerns an employee or student may have and to provide information about the College's policy on sexual harassment and its complaint procedures under the employee's applicable Handbook or the student's Catalog.

Sexual Harassment Investigation

When the College receives notice of conduct which appears to be sexual harassment, it will promptly investigate the allegation in a fair and expeditious manner. The investigation will be conducted in accordance with the College's customary procedure and in such a way as to maintain confidentiality to the extent practical under the circumstances and permissible by law. The investigation may, as appropriate, include private interviews with the person filing the complaint, with witnesses, and with the person alleged to have committed sexual harassment. When the investigation is completed, the person filing the complaint and the person alleged to have committed the conduct will be informed, to the extent appropriate, of the results of the investigation.

Appropriate Response/Disciplinary Action

If it is determined that inappropriate conduct has been engaged in by an employee or student, appropriate action will be taken immediately, using the College's established procedures, to fulfill its obligation under the law to promote an environment that is free of sexual harassment. Such action may range from counseling to termination of the employment or enrollment, and may include such other forms of disciplinary actions as appropriate under the College's procedures.

Title IX & Sexual Harassment

The following definitions will be used for reporting, investigating and resolving complaints of sex-based discrimination and/or misconduct.

Title IX is a federal civil rights law that protects students and employees from sex-based discrimination in education programs or activities.

Title IX defines sex-based discrimination as incidents of sexual assault, domestic violence, dating violence, stalking, as well as sexual harassment, when the harassment would be determined by a reasonable person to be so severe, pervasive and objectively offensive as to effectively deny a person's access to the College's education program or activity.

Sexual Harassment is unwelcome conduct of a sexual nature. Sexual harassment can include unwelcome sexual advances, requests for sexual favors or other verbal, nonverbal or physical conduct of a sexual nature where such conduct is sufficiently severe or pervasive that it has the effect, intended or unintended, of unreasonably interfering with an individual's work or academic performance or it has created an intimidating, hostile, or offensive environment and would have such an effect on a reasonable person.

Sexual harassment can also include quid pro quo harassment. In educational settings, quid pro quo sexual harassment is when a school employee explicitly or implicitly condition's a student's participation in an education program or activity or bases an educational decision on the student's submission to unwelcome sexual advances, requests for sexual favors, or other verbal, nonverbal, or physical conduct of a sexual nature. In employment settings, quid pro quo sexual harassment is when submission to unwelcome sexual advances, requests for sexual favors, or other verbal, nonverbal, or physical conduct of a sexual nature is made either explicitly or implicitly a term or condition of an individual's employment; or submission to or rejection of such conduct is used as a basis for employment decisions affecting an individual.

Sexual Assault means any nonconsensual sexual act proscribed by Federal, tribal, or State law, including when the victim lacks capacity to consent.

Domestic Violence includes felony or misdemeanor crimes of violence committed by a current or former spouse or intimate partner of the victim, by a person with whom the victim shares a child in common, by a person who is cohabitating with or has cohabitated with the victim as a spouse or intimate partner, by a person similarly situated to a spouse of the victim under the domestic or family violence laws of the jurisdiction receiving grant monies, or by any other person against an adult or youth victim who is protected from that person's acts under the domestic or family violence laws of the jurisdiction.

Dating Violence includes violence committed by a person who is or has been in a social relationship of a romantic or intimate nature with the victim and where the existence of such a relationship shall be determined based on a consideration of the following factors: The length of the relationship, the type of the relationship, and the frequency of interaction between the persons involved in the relationship.

Stalking means engaging in a course of conduct directed at a specific person that would cause a reasonable person to fear for their safety or the safety of others or suffer substantial emotional distress.

Designated Responsible Employee – Title IX Coordinator & College Management

Third Parties include, but are not limited to, volunteers, parents, visitors, service contractors or others engaged in College business, such as employees of businesses or organizations participating in cooperative programs with the College.

Reports of Sex-Based Discrimination or Misconduct Any designated responsible employee who has knowledge of conduct in violation of this policy involving a student, must immediately report their concerns to a Title IX Coordinator. A student may report concerns to a Title IX Coordinator or to an employee. The employee will promptly notify the appropriate Title IX Coordinator.

All employees who have knowledge of conduct involving an employee that may be in violation of this policy, must immediately report their concerns to the Title IX Coordinator

When a Title IX Coordinator has knowledge that sex-based discrimination has or may have occurred, an initial inquiry will be conducted.

Students and employees have a duty to participate in any inquiry and/or investigation.

Consent means clear and unambiguous agreement, expressed in mutually understandable words or action, to engage in a particular sexual activity. Whether valid consent has been given will be judged based upon what a reasonable person would have understood from such words or actions.

Consent must be voluntarily given and is not valid

If obtained by physical force, coercion or threat;

When a person is incapacitated; or

When an intellectual or other disability prevents a person from having the capacity to give consent.

Consent to engage in one sexual activity, or agreement to engage in a particular sexual activity on a prior occasion, cannot be presumed to constitute consent to engage in a different sexual activity or to engage again in a sexual activity. Consent can be withdrawn by either person at any point.

Reporting an Incident

Deciding to make a formal report, either to the College or law enforcement, and choosing how to proceed afterward can be difficult decisions. The college supports and encourages prompt reporting of sexual assault, sexual harassment, domestic violence, dating violence and stalking. A report can be made by anyone who knows about an incident.

At the time a report is made, you don't need to know whether you wish to request any particular course of action, nor how to label what happened. Choosing to make a complaint, and deciding how to proceed after making the complaint, can be a process that unfolds over time.

Oregon Law:

Oregon law provides the following definitions with respect to crimes of sexual assault and consent:

ORS 163.355

Rape in the third degree

(1) A person commits the crime of rape in the third degree if the person has sexual intercourse with another person under 16 years of age.

(2) Rape in the third degree is a Class C felony.

ORS 163.365

Rape in the second degree

(1) A person who has sexual intercourse with another person commits the crime of rape in the second degree if the other person is under 14 years of age.

(2) Rape in the second degree is a Class B felony.

ORS 163.375

Rape in the first degree

(1) A person who has sexual intercourse with another person commits the crime of rape in the first degree if:

(a) The victim is subjected to forcible compulsion by the person;

(b) The victim is under 12 years of age;

(c) The victim is under 16 years of age and is the person's sibling, of the whole or half blood, the person's child or the person's spouse's child; or

(d) The victim is incapable of consent by reason of mental defect, mental incapacitation or physical helplessness.

(2) Rape in the first degree is a Class A felony.

ORS 163.305

Definitions

As used in chapter 743, Oregon Laws 1971, unless the context requires otherwise:

(1) "Forcible compulsion" means to compel by:

(a) Physical force; or

(b) A threat, express or implied, that places a person in fear of immediate or future death or physical injury to self or another person, or in fear that the person or another person will immediately or in the future be kidnapped.

(2) "Mentally defective" means that a person suffers from a qualifying mental disorder that renders the person incapable of appraising the nature of the conduct of the person.

(3) "Mentally incapacitated" means that a person is rendered incapable of appraising or controlling the conduct of the person at the time of the alleged offense.

(4) "Oral or anal sexual intercourse" means sexual conduct between persons consisting of contact between the sex organs of one person and the mouth or anus of another.

(5) "Physically helpless" means that a person is unconscious or for any other reason is physically unable to communicate unwillingness to an act.

(6) "Sexual contact" means any touching of the sexual or other

intimate parts of a person or causing such person to touch the sexual or other intimate parts of the actor for the purpose of arousing or gratifying the sexual desire of either party.

(7) "Sexual intercourse" has its ordinary meaning and occurs upon any penetration, however slight; emission is not required. Oregon law provides the following definitions with respect to crime of stalking:

ORS 163.732

(1) A person commits the crime of stalking if:

(a) The person knowingly alarms or coerces another person or a member of that person's immediate family or household by engaging in repeated and unwanted contact with the other person;

(b) It is objectively reasonable for a person in the victim's situation to have been alarmed or coerced by the contact; and

(c) The repeated and unwanted contact causes the victim reasonable apprehension regarding the personal safety of the victim or a member of the victim's immediate family or household.

(2)(a) Stalking is a Class A misdemeanor.

(b) Notwithstanding paragraph (a) of this subsection, stalking is a Class C felony if the person has a prior conviction for:

(A) Stalking; or

(B) Violating a court's stalking protective order.

ORS 163.730

Definitions for ORS 30.866 and 163.730 to 163.750

(1) "Alarm" means to cause apprehension or fear resulting from the perception of danger.

(2) "Coerce" means to restrain, compel or dominate by force or threat.

(3) "Contact" includes but is not limited to:

(a) Coming into the visual or physical presence of the other person;

(b) Following the other person;

(c) Waiting outside the home, property, place of work or school of the other person or of a member of that person's family or household;

(d) Sending or making written or electronic communications in any form to the other person;

(e) Speaking with the other person by any means;

(f) Communicating with the other person through a third person;

(g) Committing a crime against the other person;

(h) Communicating with a third person who has some relationship to the other person with the intent of affecting the third person's relationship with the other person;

(i) Communicating with business entities with the intent of affecting some right or interest of the other person;

(j) Damaging the other person's home, property, place of work or school;

(k) Delivering directly or through a third person any object to the home, property, place of work or school of the other person; or

(L) Service of process or other legal documents unless the other person is served as provided in ORCP 7 or 9.

(4) "Household member" means any person residing in the same residence as the victim.

(5) "Immediate family" means father, mother, child, sibling, spouse, grandparent, stepparent and stepchild.

Oregon law provides the following definitions with respect to domestic violence and dating violence:

ORS 135.230¹

Definitions for ORS 135.230 to 135.290

As used in ORS 135.230 (Definitions for ORS 135.230 to 135.290) to 135.290 (Punishment by contempt of court), unless the context requires otherwise:

(1) "Abuse" means:

(a) Attempting to cause or intentionally, knowingly or recklessly causing physical injury;

(b) Intentionally, knowingly or recklessly placing another in fear of imminent serious physical injury; or

(c) Committing sexual abuse in any degree as defined in ORS 163.415 (Sexual abuse in the third degree), 163.425 (Sexual abuse in the second degree) and 163.427 (Sexual abuse in the first degree).

(3) "Domestic violence" means abuse between family or household members.

(4) "Family or household members" means any of the following:

(a) Spouses.

(b) Former spouses.

(c) Adult persons related by blood or marriage.

(d) Persons cohabiting with each other.

(e) Persons who have cohabited with each other or who have been involved in a sexually intimate relationship.

(f) Unmarried parents of a minor child.

ORS 90.100

Definitions

(7) "Domestic violence" means:

(a) Abuse between family or household members, as those terms are defined in ORS 107.705 (Definitions for ORS 107.700 to 107.735); or

(b) Abuse, as defined in ORS 107.705

Phagans School of Hair Design
Campus Safety and Security at Postsecondary Education Institutions
2026 Crime Statistics Survey

Phagans School of Hair Design is required by law to report certain criminal offenses to the Department of Education for campus safety reporting, which is then published to a website for students to review. The website is located at <http://ope.ed.gov/security/Search.asp>

You may also request to review the 2025 Campus Safety and Security survey in the Financial Aid or Admission office. Please ask a staff member if you would like to review the survey.

Purpose of the Survey

The U.S. Department of Education is committed to assisting schools in providing a safe environment for students to learn and staff to work and to keep parents and students well informed about campus safety. Data collected in this survey will be published by the Office of Postsecondary Education on the OPE Campus Security Statistics Web-site located at <http://surveys.ope.ed.gov/security>. The survey was authorized by Congress with the 1998 amendment to the Higher Education Act of 1965 (HEA) to help potential college students and parents research criminal offenses on college campuses.

This survey is authorized by law (P.L. 103-382) in accordance with paragraph 668.46 of the [Federal Register/Vol. 64, No. 210/Monday, November 1, 1999/Rules and Regulations](#).

Criminal Offenses-On Campus

	2023	2024	2025
Murder/non-negligent manslaughter	0	0	0
Manslaughter by Negligence	0	0	0
Rape	0	0	0
Fondling	0	0	0
Incest	0	0	0
Statutory Rape	0	0	0
Robbery	0	0	0
Aggravated assault	0	0	0
Burglary	0	0	0
Motor Vehicle Theft (do not include theft from a motor vehicle)	0	0	0
Arson	0	0	0

Criminal Offenses-Public Property

	2023	2024	2025
Murder/non-negligent manslaughter	0	0	0
Manslaughter by Negligence	0	0	0
Rape	0	0	0
Fondling	0	0	0
Incest	0	0	0
Statutory Rape	0	0	0
Robbery	0	0	0
Aggravated assault	0	0	0
Burglary	0	0	0
Motor Vehicle Theft (do not include theft from a motor vehicle)	0	0	0
Arson	0	0	0

VAWA Offenses-On Campus

	2023	2024	2025
Domestic Violence	0	0	0
Dating Violence	0	0	0
Stalking	0	0	2

VAWA Offenses-Public Property

	2023	2024	2025
Domestic Violence	0	0	0
Dating Violence	0	0	0
Stalking	0	0	0

Arrests-On Campus

	2023	2024	2025
Weapons: Carrying, Possessing, etc	0	0	0
Drug Abuse Violations	0	0	0
Liquor Law Violations	0	0	0

Arrests-Public Property

	2023	2024	2025
Weapons: Carrying, Possessing, etc	0	0	0
Drug Abuse Violations	0	0	0
Liquor Law Violations	0	0	0

Disciplinary Actions-On Campus

	2023	2024	2025
Weapons: Carrying, Possessing, etc	0	0	0
Drug Abuse Violations	0	0	0
Liquor Law Violations	0	0	0

Disciplinary Actions-Public Property

	2023	2024	2025
Weapons: Carrying, Possessing, etc	0	0	0
Drug Abuse Violations	0	0	0
Liquor Law Violations	0	0	0

	2023	2024	2025
Total Unfounded Crimes	0	0	0

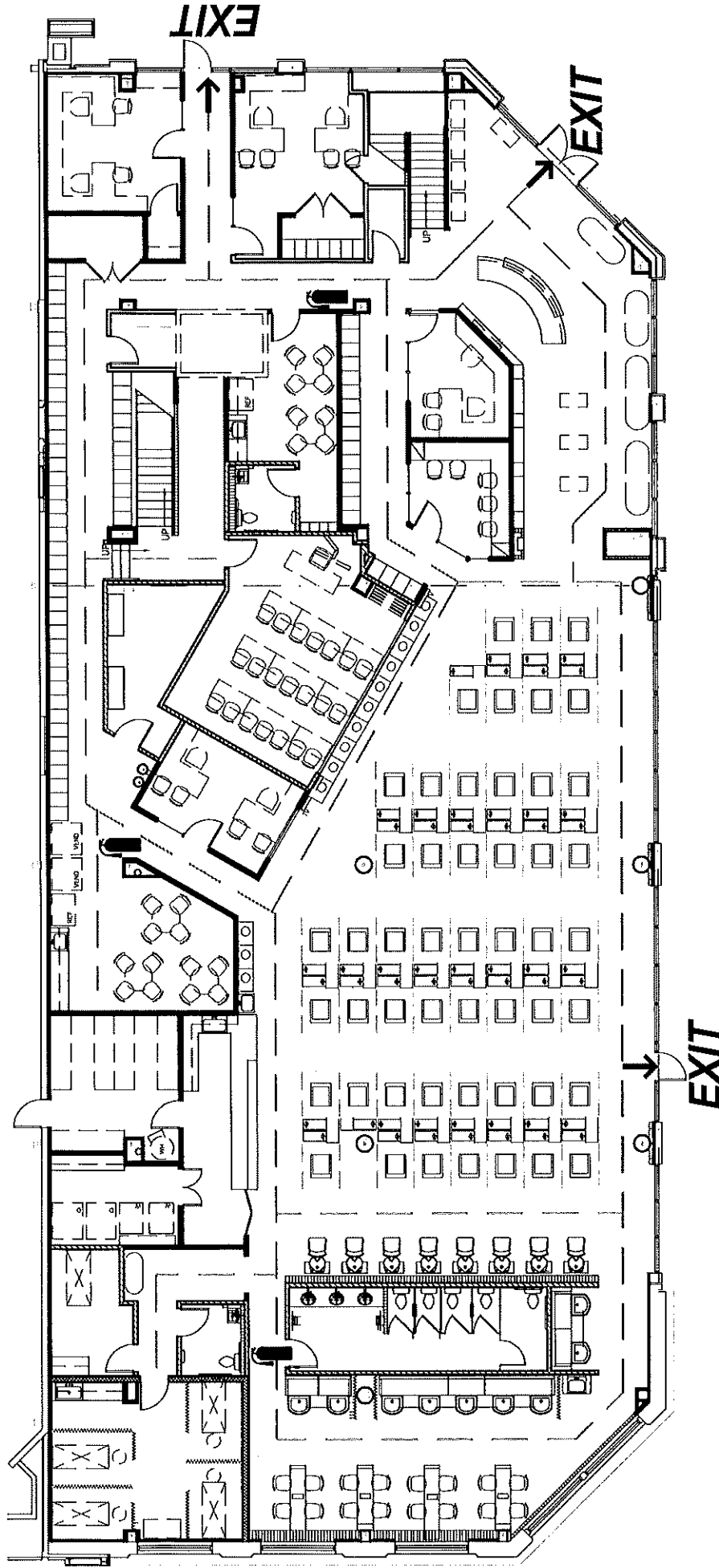
Hate Crimes Public Property 2024

Hate Crimes Public Property 2024				Sexual		Gender		National	
	Total	Race	Religion	Orientation	Gender	Identity	Disability	Ethnicity	Origin
Murder/non	0	0	0	0	0	0	0	0	0
Rape	0	0	0	0	0	0	0	0	0
Fondling	0	0	0	0	0	0	0	0	0
Incest	0	0	0	0	0	0	0	0	0
Statutory Ra	0	0	0	0	0	0	0	0	0
Robbery	0	0	0	0	0	0	0	0	0
Aggravated	0	0	0	0	0	0	0	0	0
Burglary	0	0	0	0	0	0	0	0	0
Motor Vehic	0	0	0	0	0	0	0	0	0
Arson	0	0	0	0	0	0	0	0	0
Simple Assa	0	0	0	0	0	0	0	0	0
Larceny-the	0	0	0	0	0	0	0	0	0
Intimidation	0	0	0	0	0	0	0	0	0
Destruction,	0	0	0	0	0	0	0	0	0

Hate Crimes Public Property 2023

Hate Crimes Public Property 2023										Sexual			Gender		National	
	Total	Race	Religion	Orientation	Gender	Identity	Disability	Ethnicity	Origin							
Murder/non	0	0	0	0	0	0	0	0	0							
Rape	0	0	0	0	0	0	0	0	0							
Fondling	0	0	0	0	0	0	0	0	0							
Incest	0	0	0	0	0	0	0	0	0							
Statutory Ra	0	0	0	0	0	0	0	0	0							
Robbery	0	0	0	0	0	0	0	0	0							
Aggravated	0	0	0	0	0	0	0	0	0							
Burglary	0	0	0	0	0	0	0	0	0							
Motor Vehic	0	0	0	0	0	0	0	0	0							
Arson	0	0	0	0	0	0	0	0	0							
Simple Assa	0	0	0	0	0	0	0	0	0							
Larceny-the	0	0	0	0	0	0	0	0	0							
Intimidation	0	0	0	0	0	0	0	0	0							
Destruction,	0	0	0	0	0	0	0	0	0							

LOWER LEVEL EMERGENCY EVACUATION PLAN



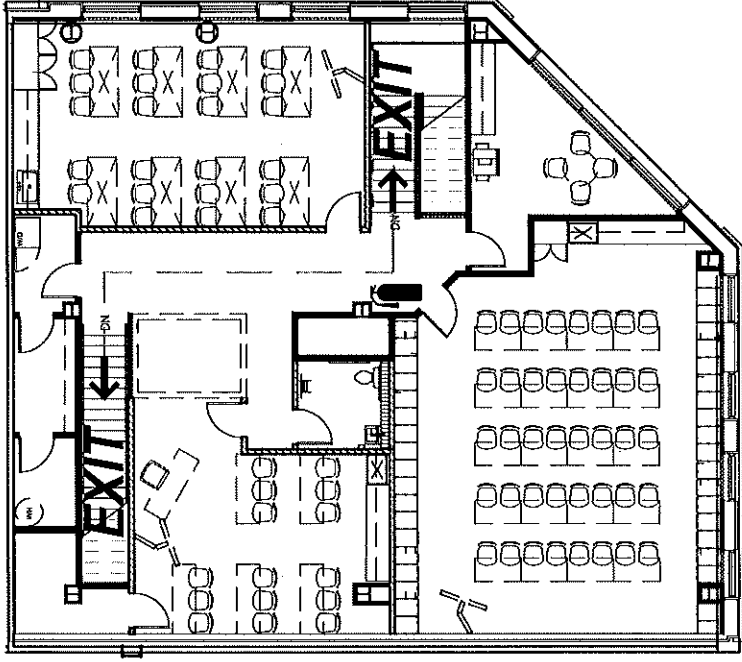
PHAGANS SCHOOL OF HAIR DESIGN - BUILDING D - LOWER LEVEL

SCALE: 1/16" = 1'-0"

LEGEND

-  FIRE EXTINGUISHER
-  EXIT ROUTE

UPPER LEVEL EMERGENCY EVACUATION PLAN



PHAGANS SCHOOL OF HAIR DESIGN - BUILDING D - UPPER LEVEL

SCALE: 1/16" = 1'-0"

LEGEND

-  FIRE EXTINGUISHER
-  EXIT ROUTE

Active Shooter / Active Threat: What You Can Do

An active shooter or active threat is an individual(s) actively engaged in killing or attempting to kill people in a confined and populated area. Assaultants may use firearms, knives, or even vehicles. In most cases, there is no pattern or method to their selection of victims.

The information below outlines strategies for prevention, preparedness, and response. These safety tips and guidelines are not all inclusive, but if understood, reviewed periodically, and trained when feasible, they can increase your chances of surviving.

Response

Since every incident varies, you should be flexible in determining which strategy works best in that specific situation. You must determine your best course of action. This should be based on your knowledge and assessment of the circumstances (e.g., proximity to the event, actions of the shooter, available escape options and your individual capacity).

Run or Evacuate:

Have an escape route planned

Leave your belongings behind.

Move rapidly and deliberately, utilizing chairs, desks, and other objects to conceal your movement and provide protection if necessary until you reach a safe place.

Depending on location, consider exiting through windows. Have someone watch the door as you get as many out the windows (ground floor) as calmly and quietly as possible.

Hide or Barricade:

If possible, lock the door. If the door has no lock and the door opens in, use heavy furniture or other items to barricade the door

If possible, darken the room

Be low and silent, including putting cell phones on quiet or vibrate

Fight:

Act aggressively and attempt to incapacitate the assailant

Find something to use as a weapon (chair, fire extinguisher, etc)

When the Police Arrive:

Remain calm and follow officers' instructions

Put down any items in your hands (i.e., bags, jackets)

Immediately raise hands and spread fingers

Keep hands visible at all times

Avoid quick movements toward officers such as attempting to hold on to them for safety

Avoid pointing, screaming or yelling

Do not stop to ask officers for help or direction when evacuating

Always notify the police department as soon as it is safe to do so. Call 911 when safe to do so.

Resource Numbers

Police, Fire, Medical – 911

Clackamas County Dispatch 503 655-8211

Call To Safety - Formally the Portland Women's Crisis Line - 503-235-5333

Multnomah County Crisis Line - 503-988-4888

Washington County Crisis Line - 503-291-9111

Portland Oregon Poison Control Center - 1-800-222-1222

Police Information Line - 503-823-4633

When law enforcement arrives:

- Remain calm and follow instructions
- Drop items in your hands (e.g., bags, jackets)
- Raise hands and spread fingers
- Keep hands visible at all times
- Avoid quick movements toward officers, such as holding on to them for safety
- Avoid pointing, screaming or yelling
- Do not ask questions when evacuating

Information to provide to 911 operations:

- Location of the active shooter
- Number of shooters
- Physical description of shooters
- Number and type of weapons shooter has
- Number of potential victims at location

For questions or additional assistance contact:
Your local law enforcement authorities or FBI Field office :



Department of Homeland Security
3801 Nebraska Ave, NW
Washington, DC 20528



ACTIVE SHOOTER EVENT

QUICK REFERENCE GUIDE

An "active shooter" is an individual who is engaged in killing or attempting to kill people in a confined and populated area; in most cases, active shooters use firearms(s) and there is no pattern or method to their selection of victims.

- ☐ *Victims are selected at random*
- ☐ *Event is unpredictable and evolves quickly*
- ☐ *Knowing what to do can save lives*

ACTIVE SHOOTER EVENTS

When an Active Shooter is in your vicinity, you must be prepared both mentally and physically to deal with the situation.



You have three options:

1 RUN

- Have an escape route and plan in mind
- Leave your belongings behind
- Evacuate regardless of whether others agree to follow
- Help others escape, if possible
- Do not attempt to move the wounded
- Prevent others from entering an area where the active shooter may be
- Keep your hands visible
- Call 911 when you are safe

2 HIDE

- Hide in an area out of the shooter's view
- Lock door or block entry to your hiding place
- Silence your cell phone (including vibrate mode) and remain quiet

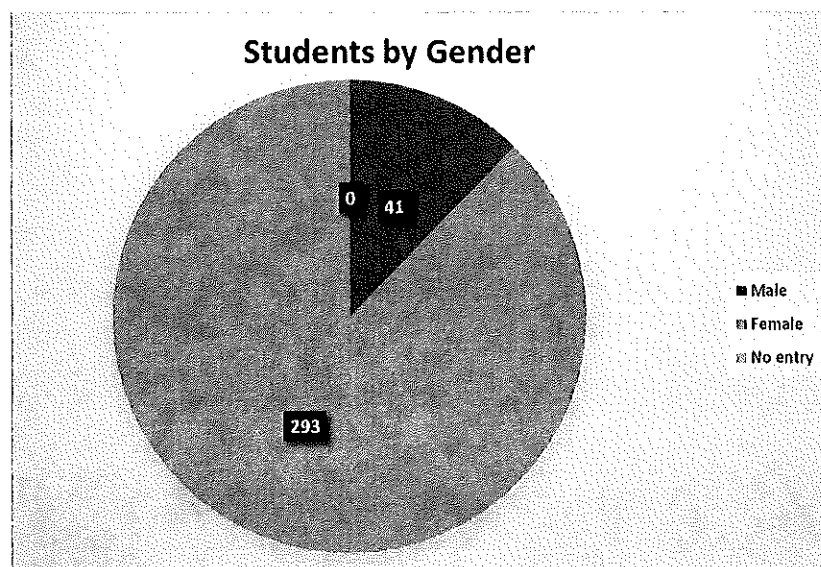
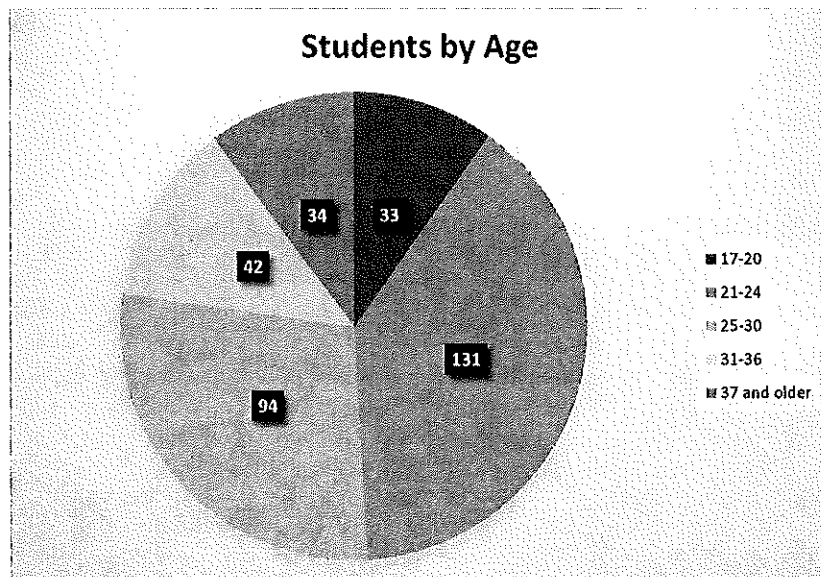
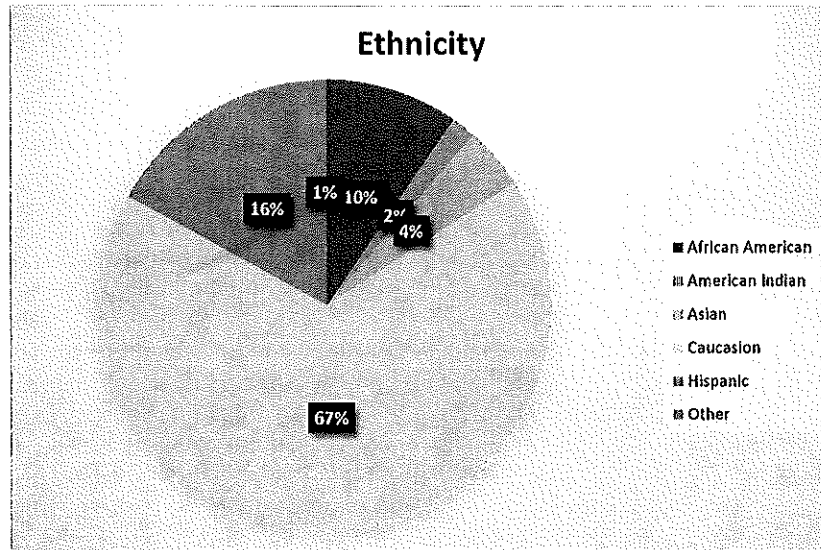
3 FIGHT

- Fight as a last resort and only when your life is in imminent danger
- Attempt to incapacitate the shooter
- Act with as much physical aggression as possible
- Improvise weapons or throw items at the active shooter
- Commit to your actions . . . your life depends on it

The first officers to arrive on scene will not stop to help the injured. Expect rescue teams to follow initial officers. These rescue teams will treat and remove injured.

Once you have reached a safe location, you will likely be held in that area by law enforcement until the situation is under control, and all witnesses have been identified and questioned. Do not leave the area until law enforcement authorities have instructed you to do so.

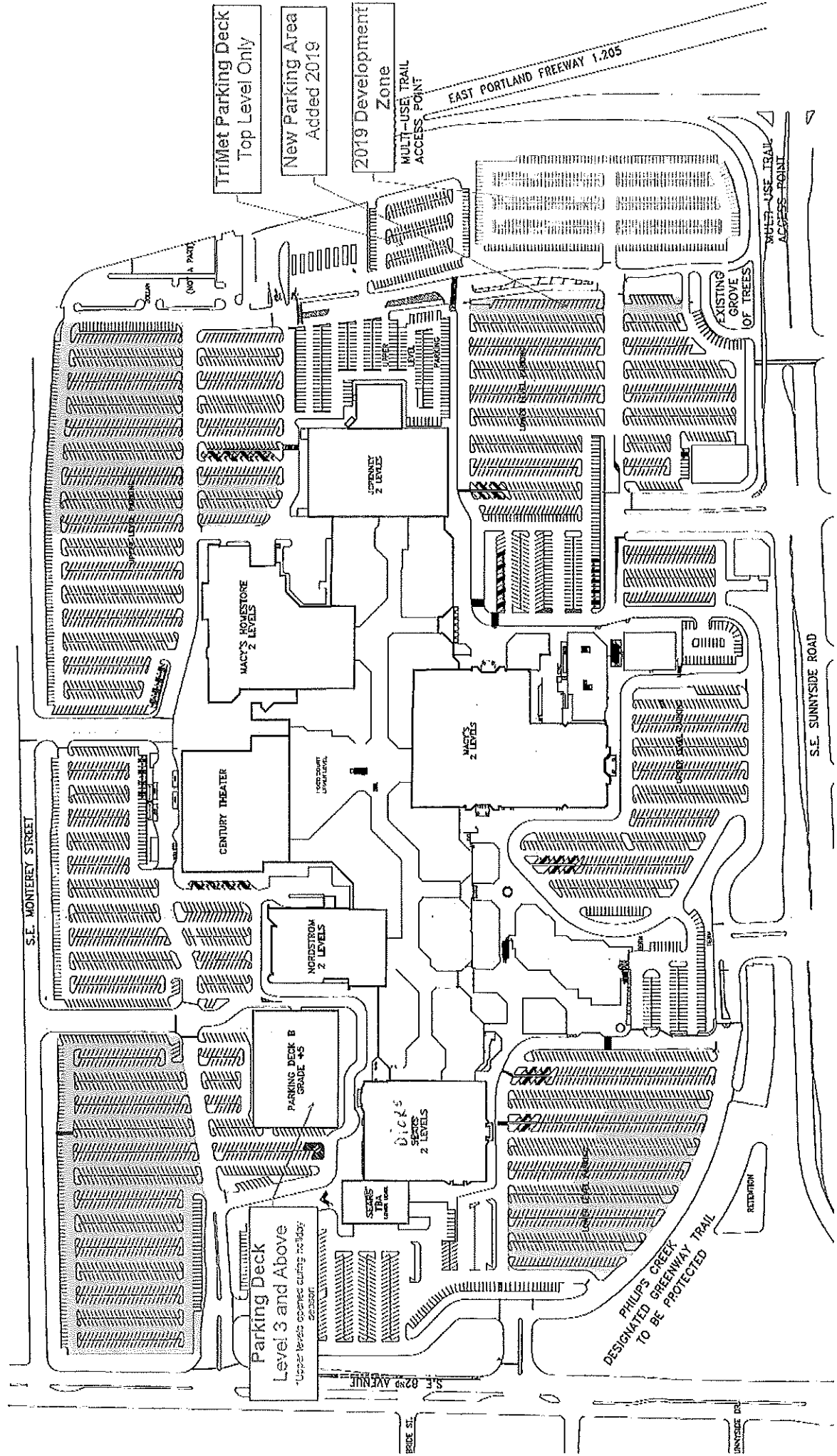
Phagans School of Hair Design Demographics and Diversity Report
Full-time Undergraduate Students Enrolled Any time Between 7/1/2021-6/30/2022



CLACKAMAS TOWN CENTER

EMPLOYEE PARKING MAP

Approved employee parking is in the shaded fields.
Please contact the Management Office with any concerns at (503) 653-6613.



Oregon Voter Registration Card

you may use this form to

- register to vote
- update your information

1 Print with a black or blue pen to complete the form.

2 Sign the form.

3 Mail or drop off the form at your County Elections Office.

Your County Elections Office will mail you a Voter Notification Card to confirm your registration.

4 oregonvotes.gov

1 866 673 8683
se habla español

TTY 1 800 735 2900
for the hearing impaired

information disclosure

Information submitted on an Oregon Voter Registration Card is public record. However, information submitted in the Oregon driver license section is, by law, held confidential.

assistance

If you need assistance registering to vote or voting please contact your County Elections Official. See reverse for contact info.

If you are not yet 18 years of age, you will not receive a ballot until an election occurs on or after your 18th birthday.



The deadline to register to vote is the 21st day before an election.



Only registered voters are eligible to sign petitions.

You must provide your valid

Oregon Driver License, Permit or ID number.

A suspended driver license is valid, a revoked driver license is not valid.

-or-

If you do not have valid Oregon ID, provide the last four digits of your Social Security number.

-or-

If you do not have valid Oregon ID or Social Security number, provide a copy of one of the following that shows your name and current address.

acceptable identification

- valid photo identification
- a paycheck stub
- a utility bill
- a bank statement
- a government document
- proof of eligibility under the Uniformed and Overseas Citizens Absentee Voting Act (UOCAVA)
- or the Voting Accessibility for the Elderly and Handicapped Act (VAEH).



SEL 500 rev 4/26

qualifications

Are you a citizen of the United States of America?

☐ yes ☐ no

Are you at least 16 years of age?

☐ yes ☐ no

1 If you mark no in response to either of these questions, do not complete this form.

personal information *required information

last name*

first*

middle

Oregon residence address, city and zip code (include apt. or space number)*

date of birth (month/day/year)*

county of residence

phone

email

mailing address, including city, state and zip code (required if different than residence)

Oregon Driver License/ID number

Provide a valid Oregon Driver License, Permit or ID:

☐ I do not have a valid Oregon Driver License/Permit/ID.

The last 4 digits of my Social Security Number (SSN) are:

X X X - X X -

☐ I do not have a valid Oregon Driver License/Permit/ID or a SSN. I have attached a copy of acceptable identification.

political party

☐ Not a member of a party

☐ Constitution

☐ Democratic

☐ Independent

☐ Libertarian

☐ No Labels

☐ Pacific Green

☐ Progressive

☐ Republican

☐ We The People

☐ Working Families

☐ Other

signature I swear or affirm that I am qualified to be an elector and I have told the truth on this registration.

sign here _____ date today _____

1 If you sign this card and know it to be false, you can be fined up to \$125,000 and/or imprisoned for up to 5 years.

registration updates Complete this section if you are updating your information.

previous registration name

previous county and state

home address on previous registration

date of birth (month/day/year)



Secretary of State
Salem OR 97310-0722

County Elections Offices

Baker County 1995 3rd St, Ste 150 Baker City OR 97814-3365 541 523 8207	Curry County 94235 Moore St, Ste 212 Gold Beach OR 97444-9705 541 247 3297 or 877 739 4218	Jackson County 1101 W Main St, Ste 201 Medford OR 97501-2369 541 774 6148	Linn County PO Box 100 Albany OR 97321-0031 541 967 3831	Tillamook County 201 Laurel Ave Tillamook OR 97141-2311 503 842 3402
Benton County 4500 SW Research Way, Ste 200 Corvallis OR 97333-1093 541 766 6756	Deschutes County 1300 NW Wall St, Ste 202 Bend OR 97703-1960 541 388 6547	Jefferson County 66 SE "D" St, Ste C Madras OR 97741-1739 541 475 4451	Malheur County 251 "B" St W, Ste 4 Vale OR 97918-1375 541 473 5151	Umatilla County 216 SE 4th St, Ste 18 Pendleton OR 97801-2699 541 278 6254
Clackamas County 1710 Red Soils Ct, Ste 100 Oregon City OR 97045-4300 503 655 8510	Douglas County PO Box 10 Roseburg OR 97470-0004 541 440 4252	Josephine County PO Box 69 Grants Pass OR 97528-0203 541 474 5243	Marion County PO Box 14500 Salem OR 97309-5036 503 588 5041 or 800 655 5388	Union County 1001 4th St, Ste D La Grande OR 97850-2100 541 963 1006
Clatsop County 820 Exchange St, Ste 220 Astoria OR 97103-4609 503 325 8511	Gilliam County PO Box 427 Condon OR 97823-0427 541 351 9490	Klamath County 305 Main St Klamath Falls OR 97601-6332 541 883 5134	Morrow County PO Box 338 Heppner OR 97836-0338 541 676 5604	Wallowa County 101 S River St, Ste 100 Enterprise OR 97828-1363 541 426 4543
Columbia County 230 Strand St St. Helens OR 97051-2040 503 397 7214 or 503 397 3796	Grant County 201 S Humbolt, Ste 290 Canyon City OR 97820-6186 541 575 1675	Lake County 513 Center St Lakeview OR 97630-1539 541 947 6006	Multnomah County 1040 SE Morrison St Portland OR 97214-2417 503 988 8683	Wasco County 401 E 3rd Street, Ste 100 The Dalles OR 97058-2562 541 506 2530
Coos County 250 N Baxter St Coquille OR 97423-1875 541 396 7610	Harney County 450 N Buena Vista, Ste 14 Burns OR 97720-1565 541 573 6641	Lane County 275 W 10th Ave Eugene OR 97401-3008 541 682 4234	Polk County 850 Main St, Rm 201 Dallas OR 97338-3179 503 623 9217	Washington County 2925 NE Aloclek Dr., Ste 170 Hillsboro OR 97124-7523 503 846 5800
Crook County 300 NE 3rd St, Rm 23 Prineville OR 97754-1919 541 447 6553	Hood River County 601 State St Hood River OR 97031-1871 541 386 1442	Lincoln County 225 W Olive St, Ste 201 Newport OR 97365-3811 541 265 4131	Sherman County PO Box 243 Moro OR 97039-0243 541 565 3606	Wheeler County PO Box 327 Fossil OR 97830-0327 541 763 2374
				Yamhill County 414 NE Evans St McMinnville OR 97128-4607 503 434 7518

SAFETY RESOURCES





LiveSafe® | Clackamas Town Center

Safety. In everyone's hands.

Access resources

Have fast access to organization resources: phone numbers, just-in-time training, and emergency procedures.

Share info with

safety and security

Submit tips related to safety concerns. Attach a photo, video, or audio file. You can even do it anonymously.

Know what's around you

Use the Safety Map to see where you are in relation to organization buildings, safety places, and other information.

Tab navigation: Home

Keeps organization-related functionality in one place within the app.

Get LiveSafe

Download "LiveSafe" from the App Store or Google Play. Register and fill out your profile. Select your organization. You're set!

Request help in an emergency

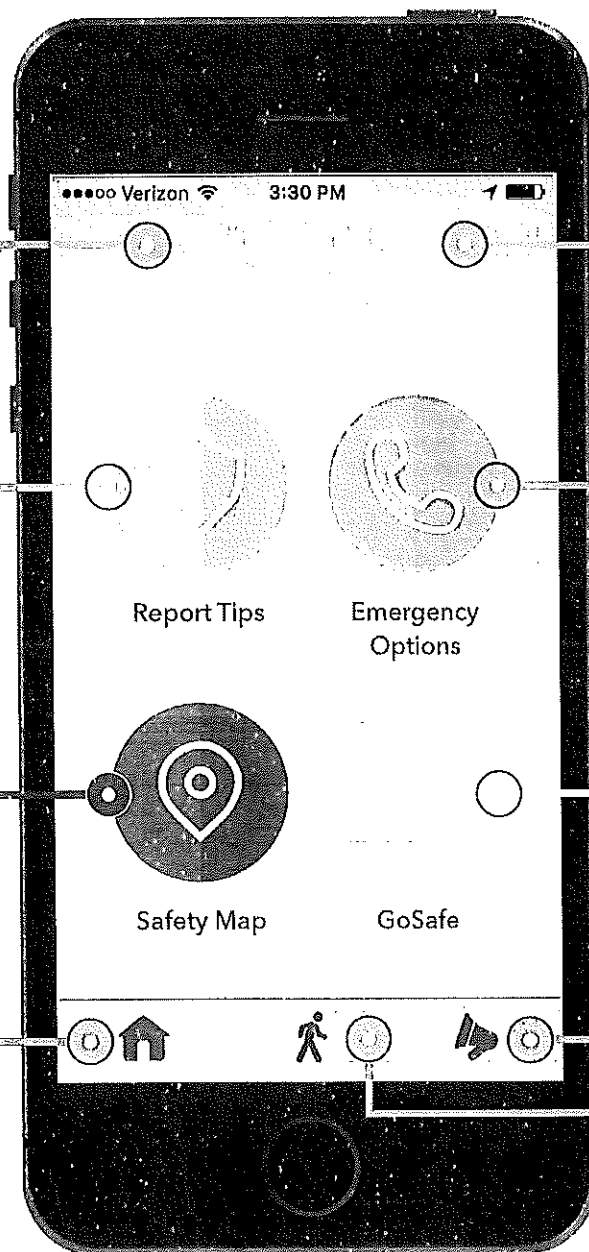
Quickly access emergency numbers. Safety officials can leverage location-data in an emergency, allowing for faster response times.

Help on the way and virtually get home safely

Virtually walk contacts home and request a safety escort from security.

Tab navigation: SafeWalk and Notifications

Makes it easier for your community to quickly start a peer-to-peer SafeWalk and access broadcast messages.



LiveSafeMobile.com



(571) 312-4645



@LiveSafe



/LiveSafeApp

¡Los servicios de texto y chat de 988 Lifeline ya están disponibles en Español! →



Call



Text



Chat



Deaf/HoH

988 Lifeline



English ▼

988

LIFELINE

If you need to talk, the 988 Lifeline is here.

At the 988 Suicide & Crisis Lifeline, we understand that life's challenges can sometimes be difficult. Whether you're facing mental health struggles, emotional distress, alcohol or drug use concerns, or just need someone to talk to, our caring counselors are here for you. You are not alone.

Call

Text

Chat

Deaf/HoH



EMERGENCY AND CRISIS SERVICES

A Safe Place Family Justice Center/
Clackamas Women's Services
Domestic violence resource center (503) 655-8600
Domestic violence crisis line (503) 654-2288

Adult Protective Services, State of Oregon, DHS
..... (971) 673-6655
Abuse and neglect reporting regarding older adults and adults with disabilities

Alcohol & Drug Helpline (800) 923-4357

Clackamas Mental Health Center (503) 655-6585
Toll-free 24-hour Mental Health Crisis Line
..... (888) 414-1553

Child Protective Services, State of Oregon, DHS
24-hour child abuse hotline (971) 673-7112

Developmental Disability Protective Services
..... (503) 657-2874
Abuse and neglect reporting regarding adults with developmental disabilities

District Attorney Victim Assistance Division
..... (503) 655-8616
24-hour assistance for victims of crime and domestic violence, victim
restraining orders

Mental Health Protective Services (503) 650-3000
Abuse reporting regarding adults with mental health diagnoses

Military Helpline (888) 457-4838

NAMI Helpline (800) 950-6264

Oregon Gambling Hotline (877) 695-4648

Suicide Lifeline 988

Trans Lifeline (877) 565-8860

BASIC SERVICES

General Information and Referral 211
Including detailed food pantry information

Clackamas County Social Services
..... TTY (503) 650-5640 (503) 655-8640

Community Service Centers
Services for low-income or homeless residents

Canby Center (503) 266-2920

Clackamas Service Center (503) 771-7914

Estacada Area Food Bank (503) 630-2888

Father's Heart Street Ministry (503) 722-9780

Molalla Service Center (503) 829-5561

Sandy Community Action (503) 668-4746

Wilsonville Community Sharing .. (503) 682-6939

Utility Support Program (503) 650-5640

Gleaners of Clackamas County (503) 655-8740
Food and clothing assistance

Love INC/Bridge of Hope (503) 650-0153
Network of churches assisting persons in need in Clackamas County

Self Sufficiency Centers, State of Oregon, DHS
TANF, SNAP/Food Stamps and childcare assistance

North Clackamas Branch (503) 731-3400

Oregon City Branch (971) 673-7300

St. Vincent de Paul Social Services
Emergency Services (503) 235-8431

Veterans Service Office (503) 650-5631

LGBTQ RESOURCES

The Living Room (503) 825-2535
Advocacy and services for youth

Q Center (503) 234-7837

SAGE (503) 228-4391
Advocacy and services for older adults

Trans Lifeline (877) 565-8860

The Trevor Project (866) 488-7386

HOUSING RESOURCES

Community Development Division (503) 655-8591
Home repair/accessibility grant and loan programs

Coordinated Housing Access (503) 655-8576
Resources and problem solving for persons who are homeless or in a
housing crisis

Foreclosure Helpline, Legal Aid (503) 227-0198

Housing Authority (503) 655-8267

Housing Rights and Resources Program
..... (503) 650-5750
Landlord/tenant and housing discrimination issues

Rent Well (503) 650-5647
Help overcoming rental screening barriers

Weatherization (503) 650-3338

HEALTH RESOURCES

Clackamas County Health Centers
Medical and Dental Services (503) 655-8471
Oregon City, Sunnyside, Gladstone and Sandy
Behavioral Health Services (503) 655-8401
Mental health and addiction services
Oregon City and Sandy

Clackamas Volunteers In Medicine (503) 722-4400
Health services for uninsured adults

Oregon Health Plan Enrollment Assistance
..... (503) 655-8336

EDUCATION & EMPLOYMENT RESOURCES

Clackamas Community College (503) 594-6001
Career and job search services

Clackamas Educational Service District (ESD)
..... (503) 675-4000
Home schooling, migrant and special education, Early Childhood programs
including Head Start Preschool

Clackamas Works (IRCO) (971) 271-6467
Job training and placement program for non-English speaking persons

Employment and Training (503) 655-8840

Employment Department, State of Oregon
Worksource (job search services) (971) 673-6400
Unemployment Claims (503) 292-2057

Head Start Preschool (503) 675-4565
Children's Commission

Vocational Rehabilitation, State of Oregon, DHS
Employment services (971) 673-6130

YOUTH & FAMILY RESOURCES

Child Welfare, State of Oregon, DHS (971) 673-7200
Adoption, foster care, and parent support

Child Care Resource and Referral 211

Healthy Families (503) 546-6533
Free support services to teen parents and families on WIC, OHP or
SNAP/Food Stamps

WIC Program (503) 655-8476
Healthy food and nutrition education for low-income families with children
under the age of 5 and pregnant women

OLDER ADULT AND DISABILITY SERVICES

Adult and Community Centers

Canby Adult Center (503) 266-2970

Estacada Community Center (503) 630-7454

Gladstone Senior Center (503) 655-7701

Hoodland Senior Center (503) 622-3331

Lake Oswego Adult Community Center
..... (503) 635-3768

Milwaukie Center (503) 653-8100

Molalla Adult Community Center (503) 829-4214

Pioneer Community Center (503) 657-8287

Sandy Center (503) 668-5569

West Linn Adult Community Center (503) 557-4704

Wilsonville Community Center (503) 682-3727

Aging and People with Disabilities, State of Oregon, DHS
Medical, SNAP/Food Stamps

Canby Branch (971) 673-8900

Estacada Branch (971) 673-7070

Milwaukie Branch (971) 673-6600

Oregon City Branch (971) 673-7600

Adult Foster Care Home Licensing
..... (971) 673-6604
Maintains a list of adult foster care homes

Oregon One Eligibility (to apply for any benefits)
..... (800) 699-9075

Homecare Worker Program (971) 673-7634

Developmental Disabilities Program
Intake Line (503) 557-2824

Developmental Disabilities Foster Home Licensing (503) 650-5669

Family Caregiver Support Program (503) 650-5822

Independent Living Resources (503) 232-7411
Disability information, services and advocacy

Money Management Program (503) 650-5623

Oregon Project Independence (OPI) (503) 650-5769
In-home care

Senior Citizens Council (503) 657-1366
Guardianship/Conservatorship services

Senior Companion Program (503) 655-8875
In-home companion services for older adults

Senior Health Insurance Benefits Assistance (SHIBA)/
Prescription Drug Assistance Helpline
..... (503) 655-8269, Opt 4
Medicare and prescription drug assistance information

Senior Loneliness Line (503) 200-1633

Social Security/Medicare 1-800-772-1213

TriMet Lift (503) 962-8000
Transportation for persons who are unable to use public
transportation due to a disabling condition

Transportation Reaching People (503) 655-8208
Volunteer transportation, wheelchair accessible vans

LEGAL SERVICES

Clackamas County Circuit Court (503) 655-8447
Traffic court/accounting (503) 655-8453

Clackamas County Resolution Services
..... (503) 655-8415
Community and family law mediation and education

Legal Aid Services of Oregon (503) 224-4086
Child Support Helpline 1-800-383-1222

Oregon State Bar Association (503) 684-3763
Lawyer Referral Service; Modest Means Program

FOR ADDITIONAL CLACKAMAS COUNTY INFORMATION go to www.clackamas.us

FOR ADDITIONAL COMMUNITY RESOURCE INFORMATION dial 211 or go to www.211info.org

FOR ADDITIONAL RESOURCE INFORMATION FOR OLDER ADULTS AND PEOPLE WITH DISABILITIES
dial (503) 650-5622 or go to www.adrcoforegon.org

FOR CURRENT VERSIONS OF THIS DOCUMENT IN ENGLISH, SPANISH, AND RUSSIAN
go to <http://www.clackamas.us/h3s/resources.html>

Community Resources for Clackamas County

IN CASE OF EMERGENCY: 911

Suicide Crises Line: 1-800-273-8255

Clackamas County Mental Crisis Health Line 24/7: 503-655-8585

Tri Met: 503-238-RIDE (7433) or visit www.trimet.org

U.S. Citizenship and National Immigration, Customer Service Center: 1-800-375-5283 or 1-800-767-1833

***Dental Health Access:** (low cost dental resources)

Clackamas County Health: 503-655-8471

Dental Access Program: 503-988-6942

Russell Street Clinic: 503-494-6822

***Medical:** (Medical care of low-income, uninsured and underinsured Clackamas County residents)

Clackamas County Health Department: Primary Care Clinics (variety of locations) First appointment: 503-655-8471

***Mental Health:**

National Alliance on Mental Illness (NAMI) Clackamas County: 503-344-5050

Clackamas County Behavioral Health Division: 503-742-5335

Eating Disorders: Providence Adult Disorder Treatment Program: 503-216-2025

***Drug and Alcohol Addiction and treatment:**

Alcohol and Drug helpline: 1-800-923-HELP (4357) or 503-244-1312

Alcoholics Anonyms: 503-223-8569 or visit www.pdxaa.com

Narcotics Anonyms: 503-345-9839 or visit www.portlandna.com

NARA (Native American Rehabilitation Association): 503-231-2641

Hooper Detox Center: 503-238-2067

***Food and Housing:**

Homeless and emergency shelter Information: 24/7 Information: 503-222-5555

Clothing/food for families in need. Items provided including emergency food boxes, clothing, and personal care products:

Mainspring Emergency Services: 503-233-5533 or visit www.mainspring.org

Portland Rescue Mission: 503-647-7466 or visit www.portlandrescuemission.org

***see if you qualify for food and housing assistance and other benefits!**

Oregon Department of Human Services: Helpline: 503-491-1979 or visit www.govdhs/assistance

***Domestic Violence:**

National Domestic Violence Line: 1-800-799-SAFE (7233)

Clackamas Women's Crisis Line: 503-654-2288 or business line: 503-722-2366

Child Abuse Reporting Hotline: 503-731-3100

Bradley-Angle House: 503-281-2442

A Safe Place Family Justice Center for Clackamas County: 503-655-8600

***Grief Support:**

Providence Hospital: 503-215-4622

One to Another: 503-771-4341

***Testing and family planning:**

Planned Parenthood: 503-788-7273 or 1-888-576-PLAN (7526) or visit: www.plannedparenthood.org

Downtown Women's Center: 503-224-3435 or 800-742-9202 or visit: www.downtownwomenscenter.com

***Portland Area LGBTQ Support:**

Q Center: 503-234-7837 or visit: www.pdxqcenter.org

Cascadia Behavioral Healthcare (Triangle Project): 503-674-7777 or visit: www.cascadiabhc.org

Prism Health: 503-445-7699 or visit: www.prismhealth.org

***For more specific information contact the Director of Education and/or the Compliance Officer.**

Community Resources for Multnomah County

IN CASE OF EMERGENCY: 911

Suicide Crises Line: 1-800-273-8255

Multnomah County Mental Crisis Health Line 24/7: 503-988-4888 or 1-800-716-9769

Tri Met: 503-238-RIDE (7433) or visit www.trimet.org

U.S. Citizenship and National Immigration, Customer Service Center: 1-800-375-5283 or 1-800-767-1833

***Dental:** (Reduced cost Dental clinics, urgent and emergency dental services, baby day clinics.)

Multnomah County Health Department: First appointment: 503-988-6942

OHSU School of Dentistry: 503-494-8867

Project Dental Health/Russell St.: 503-494-6822

***Mental Health:**

National Alliance on Mental Illness (NAMI) Clackamas County: 503-344-5050

Clackamas County Behavioral Health Division: 503-742-5335

Eating Disorders: Providence Adult Disorder Treatment Program: 503-216-2025

***Medical:** (Medical care of low-income, uninsured and underinsured Multnomah County residents)

Multnomah County Health Department: Primary Care Clinics (6 locations) First appointment: 503-988-5558

***Drug and Alcohol Addiction and treatment:**

Alcohol and Drug helpline: 1-800-923-HELP (4357) or 503-244-1312

Alcoholics Anonyms: 503-223-8569 or visit www.pdxaa.com

Narcotics Anonyms: 503-345-9839 or visit www.portlandna.com

NARA (Native American Rehabilitation Association): 503-231-2641

Hooper Detox Center: 503-238-2067

***Food and Housing:**

Homeless and emergency shelter information: 24/7 information: 503-222-5555

Clothing/food for families in need. Items provided including emergency food boxes, clothing, and personal care products:

Mainspring Emergency Services: 503-233-5533 or visit www.Mainspringpdx.org

Portland Rescue Mission: 503-647-7466 or visit www.portlandrescuemission.org

**see if you qualify for food and housing assistance and other benefits!*

Oregon Department of Human Services: Helpline: 503-491-1979 or visit www.govdhs/assistance

***Domestic Violence:**

National Domestic Violence Line: 1-800-799-SAFE (7233)

Portland Women's Crisis Line: 1-800-235-5333 or 503-235-5333

Child Abuse Reporting Hotline: 503-731-3100

Bradley-Angle House: 503-281-2442

Raphael House of Portland: 503-222-6222

***Grief Support:**

Adventist Medical Center: 503-251-6192 x 56425

Providence Hospital: 503-215-4622

***Testing and family planning:**

Planned Parenthood: 503-788-7273 or 1-888-576-PLAN (7526) or visit: www.plannedparenthood.org

Downtown Women's Center: 503-224-3435 or 800-742-9202 or visit: www.downtownwomenscenter.com

***Portland Area LGBTQ Support:**

Q Center: 503-234-7837 or visit: www.pdxqcenter.org

Cascadia Behavioral Healthcare (Triangle Project): 503-674-7777 or visit: www.cascadiabhc.org

Prism Health: 503-445-7699 or visit: www.prismhealth.org

***For more specific information contact the Director of Education and/or the Compliance Officer**



Mental Health Starts Here

The NAMI HelpLine is a free, confidential nationwide service that provides one-on-one emotional support, mental health information and resources needed to tackle tough challenges that you, your family or friends are facing.

**Connect with a trained HelpLine
Specialist**

Reach out to us by phone, text, email or mail, so we may assist you on your mental health journey.

Call

1-800-950-NAMI (6264)

Text

Text **NAMI** to **62640**

Email

Message us at **helpline@nami.org**.

Available Monday Through Friday, 10:00 AM – 10:00 PM ET*

NAMI HelpLine also offers specialty services for **Family & Caregivers, Teens & Young Adults** and **En Español**.

Terms & Conditions

*NAMI HelpLine is closed on all federal holidays

Tri-County Resources

For general information and referrals: call 211

EMERGENCY AND CRISIS SERVICES

Crisis Services 24/7:

- Clackamas County: 503-655-8585
- Multnomah County: 503-988-4888
- Washington County: 503-291-9111

Clackamas Women's Services: 503-654-2288

Adult Protective Services:

- Clackamas County: 971-673-6655
- Multnomah County: 503-988-4450
- Washington County: 971-673-5200

Intellectual & Developmental Disabilities Protective Services (for children):

- Clackamas County: 503-557-2874
- Multnomah County: 503-988-1285
- Washington County: 503-846-3150

Mental Health Protective Services:

- Clackamas County: 503-650-3000
- Multnomah County: 503-988-8170
- Washington County: 503-846-4515

Extreme Risk Protection Order (ERPO): 503-655-8447

Military Helpline: 888-457-4838

National Suicide Lifeline: call or text 988

Youth Crisis Line: 877-968-8491; or text teen2teen to 839863

Sexual Assault Resource Center: 503-640-5311

The Safety Crisis Line: 503-235-5333

Domestic Violence Hotline: 1-800-799-7233

Victim Assistance:

- Clackamas County: 503-655-8616
- Multnomah County: 503-988-3222
- Washington County: 503-846-3020

CHILDREN, YOUTH & FAMILY RESOURCES

Child Welfare, State of Oregon, DHS: 971-673-7200

Child Care Resource and Referral: 211

Healthy Families & Early Head Start: 503-675-4565

New Avenues for Youth: 503-224-4339

Women Infants and Children Program: 503-655-8476

YouthERA: 971-334-9295

EDUCATION & EMPLOYMENT RESOURCES

Clackamas Community College: 503-594-6000

Clackamas Educational Service District: 503-675-4000

Clackamas Co. Children & Family Connections:
503-655-8840

WorkSource: 971-673-6400

Oregon Unemployment Claims: 1-877-345-3484

Vocational Rehabilitation: 971-673-6130

LGBTQ+ RESOURCES

Q Community Center: 503-234-7837

Trevor Project LGBTQ Support: 1-866-488-7386

Elder Pride Services: 503-224-2640

SMYRC (New Avenues for Youth, Multnomah County):
503-872-9664

BASIC SERVICES

Basic Rights of Oregon: 503-222-6151

Clackamas County Social Services: 503-655-8640/
TTY 503-650-5646

Community Service Centers:

- Canby Center: 503-266-2920
- Clackamas Service Center: 503-771-7914
- Estacada Area Food Bank: 503-630-2888
- Father's Heart Street Ministry: 503-722-9780
- Molalla Service Center: 503-829-5561
- Sandy Community Action: 503-668-4746
- Wilsonville Community Sharing: 503-682-6939
- Energy Assistance Program: 503-650-5640

Gambling Helpline: 877-695-4648

Gleaners of Clackamas County: 503-655-8740

Legal Aid Services of Oregon: 503-224-4086

Love INC/Bridge of Hope: 503-650-0153

Self Sufficiency Centers:

- North Clackamas Branch: 503-731-3400
- Oregon City Branch: 971-673-7300

St. Vincent de Paul Emergency Services: 503-235-8431

Veterans Service Office: 503-650-5631

HOUSING RESOURCES

Clackamas Coordinated Housing Access Line:
503-655-8575

Clackamas Housing & Community Development
Division: 503-655-8591

Foreclosure Helpline, Legal Aid: 503-227-0198

Clackamas Housing Authority: 503-655-8267

Clackamas Housing Rights and Resources Program:
503-650-5750

Clackamas Rent Well: 503-650-5647

Clackamas Weatherization Program: 503-650-3338

TRANSPORTATION

TriMet Lift: 503-962-8000

Transportation Reaching People: 503-655-8208

Senior Companion Program: 503-655-8875

HEALTH RESOURCES

Clackamas County Health Centers Medical and Dental
Services: 503-655-8471

Clackamas County Mental Health Services:
503-655-8401

Multnomah County Mental Health Services:
503-988-4888

Washington County Mental Health Services:
503-291-1155

Quest Center Multnomah: 503-238-5203

Questions? Email gallimur@clackamas.us

Updated July 2025

Quest Center Clackamas: 503-238-5203 ext.155

STI Information and Testing Sites:

- Clackamas County Health Clinics: 503-655-8471
- Multnomah County Health Clinics: 503-988-5558
- Washington County Health Clinics: 503-846-8851

Cascade Aids Project Confidential Testing:

503-223-5907

Clackamas Free Clinic (Founders Clinic): 503-722-4400

Oregon Health Plan Enrollment Assistance:

503-655-8471

SOCIALIZATION

Senior Loneliness Line: 503-200-1633

FolkTime: 503-238-6428

Mental Health & Addiction Association of Oregon:

503-922-2377

OLDER ADULT AND DISABILITY SERVICES

Adult and Community Centers:

- Carby Adult Center: 503-266-2970
- Estacada Community Center: 503-630-7454
- Gladstone Senior Center: 503-655-7701
- Hoodland Senior Center: 503-622-3331
- Lake Oswego Adult Community Center: 503-635-3758
- Milwaukie Center: 503-653-8100
- Molalla Adult Community Center: 503-829-4214
- Pioneer Community Center: 503-657-8287
- Sandy Center: 503-668-5569
- West Linn Adult Community Center: 503-557-4704
- Wilsonville Community Center: 503-682-3727

Aging & Disability Resource Connection: 503-650-5622

Adult Foster Care Home Listings: 971-673-6604

Medicaid Long Term Care Services Screener:

971-673-7600

Developmental Disabilities Intake Line: 503-557-2824

Family Caregiver Support Program: 503-650-5605

Money Management Program: 503-650-5623

Oregon Project Independence (OPI): 503-650-5769

Senior Citizens Council: 503-657-1366

Senior Companion Program: 503-655-8875

SHIBA/Prescription Drug Assistance Helpline:

503-655-8269 x4

Social Security/Medicare: 1-800-772-1213

SUBSTANCE USE AND RECOVERY ASSISTANCE

Alcohol & Drug Helpline: 800-923-435, option 1

Alcoholics Anonymous: 503-223-8569

Narcotics Anonymous: 503-345-9839

Dual Diagnosis Anonymous: no number

<https://ddainc.org/>

LOCAL TREATMENT PROGRAMS

Bible Training Center - Faith Based (Men and Women):

503-632-1953

Blanchet Farms - (Men): 503-852-6626

The Letty Owings Center- (Women/Women with

Children): 503-235-3546

City Team - (Men): 503-231-9334

Fora Health (formerly DePaul Treatment Center)-

(Men/Women): 503-535-1151

Hooper - (Men/Women): 503-238-2067

Lifeworks NW - Project Network- (Women/Women with

Children): 503-335-0855

Lifeworks NW - Mountindale Recovery Center-

(Women/Women with Children): 503-647-0165

NARA Northwest - (Men/Women): 503-621-1069

The Harbor - (Men): 503-980-3307

Rescue Mission - (Women/Women with Children):

503-906-7650

Union Gospel Mission: (Women/Men) 503-274-4483

Spark Wellness Oregon City: 503-594-4750

GRIEF/SUPPORT GROUP RESOURCES

Adventist Hospice Groups: 503-251-6192, ask for bereavement coordinator

Providence Resource Line: 800-562-8964

Suicide Bereavement Support, Inc.: 503-200-0382

Suicide Attempt/Suicidal Ideation Support Group: email

SLOPGroup@folktime.org for details

The Dougy Center (Children & Caregivers):

503-775-5683

SHELTERS

Catholic Charities (Women 25+ Without Children):

503-231-4866

Bradley Angle House (Domestic Violence):

503-281-2442

City Team Ministries (Men's Shelter): 503-231-9334

Do Good Multnomah (Veterans Shelter): 503-490-0285

Human Solutions Gresham Women's Shelter: call 211

Human Solutions Family Shelter (Must have 1 child under 18): call 211

My Father's House (Families with Children):

503-492-3046

Portland Rescue Mission: 503-906-7690

Rose Haven (Women and Children): 503-248-6364

Transition Projects Day Center: 503-280-4700

Transition Projects Shelters (Women, Men & Couples):

503-280-4700

Union Gospel Mission: 503-274-4483

VETS (Veterans Emergency Transitional Shelter):

503-239-1259

Questions? Email gallimur@clackamas.us

Updated July 2025



Suicide and Crisis Lifeline

Hours: Available 24 hours. Languages: English, Spanish. Call or text 9-8-8.

For TTY Users: Use your preferred relay service or dial 7-1-1 then 9-8-8.

There is also an online chat option.

Lines For Life: All of the phone services are free and confidential.

Alcohol & Drug Helpline

Call 800-923-4357 (24/7/365)

Text RecoveryNow to 839863 (8am-11pm PST daily)

For individuals and family members seeking crisis intervention, treatment referral, and chemical-dependency information.

Military Helpline

Call 888-457-4838 (24/7/365)

Text MIL1 to 839863 (8am-11pm PST daily)

Support for service members, veterans, and their families that is independent of any branch of the military or government.

Senior Loneliness Line

Call 503-200-1633

Support for seniors in the community who are feeling lonely and having difficulty connecting.

Youthline:

Call 877-968-8491

A chat-line for students. Teens are available to help daily from 4-10pm Pacific Time via call, text, chat or email (adults are available by phone at all other times).

YouthLine is a free, confidential teen-to-teen crisis and help line. No problem is too big or too small for the YouthLine!

Bias Response Hotline

Call 1-844-924-BIAS (2427), M-F 9am-5pm. Interpretation in 240+ languages – We Accept All Relay Calls.

Report Online at [StandAgainstHate.Oregon.gov](https://standagainsthate.oregon.gov)

A confidential, non-emergency hotline to report hate crimes, bias incidents, or any targeting based on protected class (race, color, national origin, sexual orientation, gender identity, religion, disability). We are not police. We can help with support, next step options, and reporting to police if you choose.

Find Treatment.gov – Millions of Americans have mental and substance use disorders. FindTreat.gov is a confidential and anonymous resource for persons seeking treatment for mental and substance use disorders in the United States.

Parent Warmline for Oregon:

Call 833-732-2467

We are families and youth working together to promote mental, behavioral and emotional wellness for other families and youth through education, support, and advocacy.

As caregivers, we have experience navigating challenges on behalf of our children and families. This is what Reach Out Oregon is all about.

We're happy to answer any questions you may have or to reach out to you as soon as we are next available. The warmline is open Tuesdays, Wednesdays, and Thursdays from 12-7pm except on holidays.

Problem Gambling Helpline

Call 877-695-4648

Trained professional staff members are available 24 hours a day, 7 days a week to listen, answer questions, and refer people to free confidential counseling. If you or someone you care about wants to make a change to their gambling, you can call the Helpline and speak to a certified counselor who understands.

SAMHSA's National Helpline

Call 800-662-HELP (4357)

A free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders.

Take it Down:

Visit <https://takeitdown.ncmec.org/> to get started.

A free service to help remove online nude, partially nude, or sexually explicit photos and videos taken before age 18.

The Trevor Project:

Call 866-488-7386

A national 24-hour, toll free confidential suicide hotline for LGBTQ youth via call, text, and chat.

Stay safe and healthy Oregon!

Safety Tips & Resources

When it comes to safety, there are some things individuals can do to help reduce risks and increase their sense of security. The following are steps all college students should keep in mind:

1 Consider taking a self-defense course.

Many campuses (or local community centers such as the YMCA) hold regular self-defense courses that emphasize awareness of one's surroundings as well as basic defense techniques.

2 Check in with family and friends.

Your friends and family don't need to know where you are or who you're with at all times, but if you're going out of town with friends or taking a solo trip somewhere—something different from your normal routine—it's always a good idea to let your loved ones know where you'll be and when you plan to come back. If you encounter any problems while away, they'll have an idea of where and how to reach you so they can help, if needed.

3 If you're alone, considering using a transportation service like UBER or other resource.

Know the contact information for the service and save it in your phone for easy access.

4 Carry a whistle or alarm, and pepper spray.

A whistle or phone app that acts as an alarm is a fast and loud way to signal help in case of emergency. Additionally, pepper spray can be purchased in discreet, portable containers – some that will even fit on your keychain – and can be used for personal self-defense.

5 Set your social media privacy settings.

It may be second nature to check-in on various social media platforms or to update your network with plans for the evening. It's one thing to let friends and family know these details, but if your accounts are open to the public, everyone can have access to this information. Take the time to adjust the privacy settings on all your social media accounts so that only those you trust know your information and whereabouts, and check these settings often—settings can sometimes change automatically whenever a platform incorporates new features or updates.

BE AWARE and BE PREPARED

CLACKAMAS COUNTY BEHAVIORAL HEALTH DIVISION

CLACKAMAS COUNTY CRISIS AND SUPPORT LINE

County crisis and support line providing support for people experiencing mental health issues, thoughts of suicide, or other crises. Services include consultation, evaluation, and assistance from mental health professionals. Also can facilitate dispatch of the Mobile Crisis Response team.

Address:

2051 Kaen Road
Suite 154
Oregon City, OR 97045

Eligibility: Unrestricted

Hours: 24 hours per day / 7 days per week

Phone: (503) 655-8585

Website: www.clackamas.us/behavioralhealth

Phone/FAX Numbers

(503) 655-8585 Crisis and Support Line

INTAKE PROCEDURE: Call for crisis and/or support services, or to request for Mobile Crisis Response team

FEES: None

DOCUMENTS: None

LANGUAGES: English, Spanish, interpretation by arrangement

AREA SERVED: Clackamas County

SITE HOURS: Monday-Thursday 7am-6pm

TRAVEL/LOCATION INFORMATION: TriMet bus lines 32, 33

Services:

General Crisis Intervention Hotlines

Mental Health Crisis Lines

Suicide Prevention Hotlines

Other Services Offered At This Location:

MENTAL HEALTH ASSESSMENT AND TREATMENT - 24 / 7 MOBILE CRISIS RESPONSE TEAM

MUTUAL SUPPORT - CLACKAMAS SAFE + STRONG

SUBSTANCE USE DISORDER SERVICES - ALCOHOL AND DRUG TREATMENT SERVICES

* The community resource directory information is up to date to the best of our knowledge. However, you should always call the provider to confirm this information and make an appointment. Be sure to confirm

TRAUMA INTERVENTION PROGRAM NW

TRAUMA INTERVENTION PROGRAM NW

Trained and screened citizen volunteers provide emotional and practical support to people involved in traumatic events and their families in the first few hours following a tragedy: complete follow-up calls, information, and referral to other resources. The volunteers are called to crisis scenes by police officers, firefighters, and hospital emergency room personnel.

Address:

4800 NE 122nd Avenue
Portland, OR 97230

Eligibility: People involved in traumatic (i.e., an unexpected death) or crisis events and their families

Hours: 24 hours per day / 7 days per week

Phone: (503) 940-7997

Website: www.tipnw.org

Phone/FAX Numbers

(503) 940-7997 Hotline

INTAKE PROCEDURE: Call or visit website for more information. Contact is usually initiated by first responders, but public may call directly.

FEES: None

DOCUMENTS: None

LANGUAGES: English, Spanish, Russian, Hindi, American Sign Language

AREA SERVED: Clackamas, Clark, Hood River, Klickitat, Multnomah, Skamania, and Wasco Counties

Services:

General Crisis Intervention Hotlines * Disaster/Emergency Issues

In Person Crisis Intervention * Disaster/Emergency Issues

* The community resource directory information is up to date to the best of our knowledge. However, you should always call the provider to confirm this information and make an appointment. Be sure to confirm payment information with the provider, if payment is required. Pennsylvania 211 does not rate, recommend or endorse any agency. We simply provide information as a public service.



How Adults Can Help to Prevent Suicide

Suicide is a leading cause of death among school-aged children and teens. Many youths, their family members and friends, school staff, and community members may notice signs of stress and distress such as:

- Fearing and worrying about their health and the health of friends, family, and loved ones.
- Changing eating or sleeping patterns.
- Having difficulty concentrating.
- Having worsening health problems.
- Feeling alone and needing social support from friends and family.
- Feeling separated from friends or family.
- Feeling sad, anxious, grouchy or moody.
- Avoiding activities that they enjoy.

It is important to remember that **everyone reacts differently to stressful situations**.

Taking care of ourselves and youth

Emotions like fear, sadness, anger, frustration and worry are natural responses. It is essential that adults take care of their physical and emotional needs so that we can be available to respond to youth in crisis. Actions to keep ourselves well might include:

- Talking with trusted others about your concerns and feelings.
- Taking breaks from listening to, watching, or reading the news, and being aware of how social media affects your mood.
- Making time to regularly connect with friends and family in any way possible.
- Doing your best to get plenty of sleep, eat healthy meals, and exercise regularly.
- Taking time to relax, unwind, do things that you enjoy, or try something new.
- Avoiding alcohol and drugs.
- Making a list of things that you like to do, or people that you can talk to over the phone, text, chat, or through social media, and consider creating a regular schedule of activities each day.



When to ask for help

Many children, teens and adults may feel alone, afraid, and unsure of what to do, and parents will be concerned with caring for their children. It is important to talk with a trusted professional if you or your child or student are experiencing three or more of the following for **more than a few days at a time**:

- Feelings of sadness, depression or a lot of irritability.
- Feelings of hopelessness or ongoing worries about the future.
- Feeling a lack of interest in activities that they used to enjoy.
- Having significant changes in appetite or weight.
- Having significant changes in sleep patterns.
- Feeling too tired to move, work or play most of the time.
- Feeling hyper or agitated most of the time, or having a very hard time relaxing.
- Feeling worthless or very guilty.
- Having a very difficult time concentrating and making decisions.
- Having thoughts of, or plans to hurt themselves or others.

Suicide Risk Factors

There are certain factors that are linked to increased risk for suicidal behavior. These include:

- Previous suicide attempt(s)
- Isolation and aloneness
- Non-suicidal self-injury (e.g., cutting)
- Mental illness including depression, behavior problems, and substance use
- High levels of family stress
- Family history of suicide
- Environmental risks, including presence of a firearm in the home
- Situational crises (e.g., the presence of a gun in the home, bullying and harassment, serious disciplinary action, death of a loved one, physical or sexual abuse, breakup of a relationship/friendship, divorce, family violence, suicide of a peer)

It is important to be aware of these risks, and to take them seriously.

Suicide Warning Signs

Most youth and adults who are considering suicide demonstrate one or more behaviors that may be signs of suicidal thinking or plans. These include:

- Suicidal threats in the form of direct (e.g., "I am going to kill myself", "I want to die.") and indirect (e.g., "I wish I could fall asleep and never wake up again") statements
- Suicide notes and plans (**including online postings**)



- Making final arrangements (e.g., giving away prized possessions)
- Preoccupation with death
- Changes in behavior, appearance, thoughts, and/or feelings.

Preventing Suicide

The most important thing that we can do to prevent youth and adult suicide is to take the threat seriously. Particularly during times of high stress, youths and adults may feel worried, afraid, alone, and overwhelmed. Some people may show few if any signs of their distress. There are a number of important steps that adults can take to keep youths and other adults safe.

1. **Provide a safe environment, and a safe, supportive, trusting relationship** where children, teens and other adults feel comfortable discussing their thoughts, feelings and concerns. If that is not possible in your household, encourage youths and others to speak with adults who can provide safety, security and trust like mental health professionals or counselors, medical professionals, elders, adult family members, or spiritual or religious advisors.
2. **Become aware of and use other resources to support youths and families.** These may include family and peer support, school and community members, school-based health centers, crisis teams, trained mental health and medical professionals, religious or spiritual advisors, professional adults trained in identifying and intervening with students at risk for suicidal behavior, national and local crisis services listed above.
 - a. **The Suicide and Crisis Lifeline is available 24/7 for free and confidential support. Call 988 or go to www.988lifeline.org**
 - b. Lines for Life will provide a remote suicide risk assessment and safety planning service for schools. Call 503-575-3760.
 - c. Youthline teen peer support: 877-968-8491, Text teen2teen 839863
 - d. Oregon crisis call line could help Native youth survive suicidal thoughts
3. **Create networks of supportive adults.** School mental health and crisis team members, school-based health center staff, local mental health and medical professionals, and emergency personnel are responsible for conducting suicide risk assessments, warning/informing parents and family members, offering recommendations and referrals to community services, and often providing follow up counseling and support at school or in the community. Collaborating between adults, families, schools, local agencies and public health departments is essential for keeping youths and adults safe.
4. **Never ignore or keep information a secret.** Peers and family members should not agree to keep the suicidal thoughts of a friend a secret and instead should tell an adult, such as a parent, teacher, school psychologist, doctor, or mental health provider. **If you believe a threat to be urgent or immediate call 911.** In non-emergency circumstances, parents and other adults should seek help from community mental health resources as soon as possible. School staff who are aware of a youth at risk for suicide should take the student to the designated school mental health professional or administrator, or consult with a local mental health professional.
5. **Get immediate help if a suicide threat seems serious.**
 - a. Contact one or more of the resources listed at the end of this document.

Mental Health and Social Supports



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DEPARTMENT OF
EDUCATION

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6. Stay informed by making use of these and other resources.

- a. SAMHSA's "Taking Care of Your Behavioral Health" page provides tips.
- b. Youth Suicide Prevention programming available at low or no cost.

Suicide is preventable

It is important to remember that suicide is preventable. Youth and adults who are contemplating suicide often give warning signs of their distress. **It is very important to always take these warning signs seriously, and never promise to keep them a secret.** If you suspect that a child or adolescent or someone you know may be suicidal and are not sure what to do, **contact one of suicide prevention resources listed above as soon as possible.**

If you or someone you know is experiencing severe emotional distress or is suicidal, GET HELP IMMEDIATELY by contacting one or more of the following:

- Call **911** or your local crisis line
- 988 Suicide and Crisis Lifeline in English: **988**
- 988 Suicide and Crisis Lifeline en español: **988**
- Crisis Text Line in English: Text "**OREGON**" to **741741**
- Crisis Text Line en español: Texto con la palabra "**AYUDA**" to **741741**
- Crisis Text Line for those who are experiencing the trauma of racism: Text "**Indigenous**" to **741741**
- Teen Line: **1-310-855-HOPE (4673)**
- National Youth Crisis Hotline: **1-800-448-4663**
- Find Crisis Services In Your County
- Substance use help: **1-800-662-HELP (4357)**
- For Peers: Links to warmlines in every state, Lifeline Crisis Chat
- For Youth: Oregon Youthline, call **877-968-8491**, text "**teen2teen**" to **839863**
- For LGBTQ2SIA+ Youth: The Trevor Project, call **866-488-7386** for a 24-hour toll-free suicide hotline, call Trans Lifeline at **1-877-565-8860**
- For Native Youth: Native Crisis Text Line, text "**Native**" to **741741**, WeRNative, You are Not Alone Network

Suicide Prevention Training Resources for School Personnel

- For those seeking additional training on how to recognize the signs of suicide and connect students to help: Question, Persuade, Refer – 1.5 hr-long online training
- Contact gpr@linesforlife.org to access free online training opportunities sponsored by the Oregon Health Authority.

How to Help Someone You Care About

Tips from RAINN

It's not always easy to know what to say when someone tells you they've been sexually assaulted, especially when that person is a family member, friend, or loved one. If you're looking for information on how to support a child, click [here](#). Consider the following ways of showing support:

- **Listen.** Communicate without judgment.
- **Be there.** If the survivor seeks medical attention or plans to report, offer to be there. Your presence can offer the support they need.
- **Offer support.** Encourage the survivor to get support. Share resources like the National Sexual Assault Hotline and online.rainn.org, but realize that only they can make the decision to get help.
- **Be patient.** Remember, there is no timetable for recovering from trauma. Avoid putting pressure on them to engage in activities they aren't ready to do yet.
- **Encourage self-care.** Following an assault it is important to practice good self-care during this difficult time.

National Sexual Assault Hotline
800.656.HOPE | rainn.org

To search for your local sexual assault service provider, please visit centers.rainn.org

If you or someone you know has been affected by sexual violence, it's not your fault. You are not alone. Help is available 24/7 through the National Sexual Assault Hotline: 800-656-HOPE and online.rainn.org, y en español rainn.org/es.

RAINN

To learn more, visit rainn.org.



NATIONAL SEXUAL ASSAULT HOTLINE

If you were affected by
sexual assault, **you are**
not alone.

online.rainn.org
800.656.HOPE



Jeanette, Survivor of sexual assault



Isabella, Survivor of sexual assault



Cory, Survivor of sexual assault



Cheryl, Survivor of sexual assault

National Sexual Assault Hotline

No matter what stage of recovery you're at, confidential, anonymous support is available 24/7 for survivors & loved ones.



Telephone
800.656.HOPE

- Talk to a trained staff member or connect with a local sexual assault service provider.
- Get direct, personal, one-on-one support.



Online chat
online.rainn.org

- Chat one-on-one with a trained support specialist.
- Secure technology, accessible from any device.

RAINN



rainn01

@rainn

rainn

The National Sexual Assault Hotline is operated by RAINN, the nation's largest anti-sexual violence organization. This postcard was produced by RAINN under Grant No. 2014-XV-BX-K004, awarded by the Office for Victims of Crime, Office of Justice Programs, U.S. Department of Justice. The opinions, findings, and conclusions or recommendations expressed in this postcard are those of the contributors and do not necessarily represent the official position or policies of the U.S. Department of Justice.



What to Do if You are Experiencing Domestic Abuse or Violence

Relationship violence, including physical, sexual, and psychological abuse affect millions of people each year. Domestic violence occurs when one person in a current or past relationship feels that they are entitled to control their partner or family member(s), and uses physical force and/or abusive language and behavior to gain or maintain that power. Abuse occurs regardless of a person's age, sex, gender, race, education, socio-economic level, culture and religion.

Abuse can, and usually does take many forms, making it difficult to identify. Frequently, one or more types of abuse and violence occur in a cycle, where the pattern of behavior of the abuser serves the purpose of intimidating and controlling another person. People who experience abuse often experience an array of feelings including:

- Wanting to end the abuse, but not the relationship.
- Feeling fearful, worried, helpless, depressed, isolated and embarrassed.
- Fearing judgment, stigmatization or rejection from others.
- Denying or minimizing abusive events.
- Withdrawing and isolating from friends and family.
- Feeling guilty, ashamed, responsible, or angry.
- Struggling with religious, cultural, or societal beliefs that reinforce staying in the relationship.
- Still loving the abuser and wanting to save the relationship.
- Feeling responsible for the abuse.
- Worrying about the health and safety of children and pets.
- Fearing poverty, homelessness, and not being able to care for children.

What to do if you need help

- If you are being threatened or are in immediate danger call 9-1-1.
- If possible, create a safety plan including a place to go, and people to contact in case of emergency. Plans are important because in a moment of crisis it may be difficult to think clearly or make logical safety decisions.
- Do not alert an abuser if you are planning to leave.



Emergency Assistance – Where to go for immediate help if you are being abused

- **National Sexual Assault Hotline:** 1-800-656-HOPE (4673) or online hotline.
- **National Domestic Violence 24-Hour Hotline:** 1-800-799-SAFE (1-800-799-7233), live chat service (English 24/7; Spanish 12-6pm), deaf services (TTY1-855-787-3224, by phone video 1-855-812-1001, nationaldeafhotline@adwas.org), website also provides guidance for friends and family, legal help, pet assistance and more.
- **la Violencia Doméstica** marcando el número de teléfono 1-800-799-7233 o el número TTY (línea telefónica de texto para personas con problemas de la audición y del habla) 1-800-787-3224
- 988 Suicide & Crisis Lifeline (dial 988)
- **1in6 Online Helpline** for male survivors of childhood sexual abuse and adult sexual assault.
- **LGBTQ National Hotline:** 1-888-843-4564

Non-Emergency Resources

- **Get Help Now:** This directory lists organizations in the state of Oregon that provide assistance to women in domestic violence situations.
- Oregon Coalition Against Domestic & Sexual Violence – list of local services and resources. <https://www.ocadsv.org/find-help>
- For those experiencing stalking **National Center for Victims of Crime** or 1-202-467-8700
- **Firearm Safety Tip Sheet**
- **Temporary Assistance for Domestic Violence Survivors**
- **Oregon Sexual Assault Task Force (SATF)**
- **LGBTQIA+ Resources (RAINN)**
- **Oregon Coalition Against Domestic and Sexual Violence**
- **National Alliance to End Sexual Violence**



Resources for those concerned about someone experiencing violence

- Help a Friend, Family Member, Teen or Coworker – National Domestic Violence Hotline
- Guidelines for friends, families and neighbors of those experiencing family violence.

Tip Sheet: Firearm Safety in Domestic Violence Situations



The presence of a firearm in a domestic violence situation increases the likelihood of death by five to eight times. Has your partner:

- Threatened to use a firearm against you, your children, or family and friends?
- Threatened to use a firearm against a pet?
- Threatened to kill him/herself?
- Used a firearm as a threat to keep you from seeking help?

These are signs of escalated danger and it is strongly advised to seek support.

Please note: This tip sheet is meant to provide general guidance and information. Do not take any actions or follow any tips that make you feel unsafe.

“He’s never pointed it at me but he has laid it down on the table to say that I shouldn’t, [‘]cross the line[‘].”

“He threatened my five-year-old son that he would shoot the entire family and maybe others.”

Frequently Asked Questions (FAQs):

Can I report my abuser and have their firearms and ammunition taken away?

- If your abuser has been convicted of qualifying misdemeanor crimes of domestic violence (MCDVs), they are prohibited under federal law from possessing a firearm.¹
- If your abuser has a qualifying protection order filed against them, they are prohibited under federal law from possessing or transporting a firearm or ammunition.^{2,3}

If I choose to report, where do I do that?

- If you or a loved one are in immediate danger: 911
- To report illegal firearms activity: 1-800-ATF-GUNS (1-800-283-4867)
- To report firearms theft, call the Firearms Theft Hotline: 1-888-930-9275
- Call your local police department using their non-emergency number
- Call your local domestic violence organization to be connected to a victim advocate

Can I get a restraining order and/or press charges?

You have the right to file a charge against your abuser for things such as threat or use of a deadly weapon, threatened or attempted homicide, threat of or actual rape, criminal assault, aggravated assault, harassment, stalking or interfering with child custody. *Go to your local police station or call 911.* If you press charges and firearms were involved in the abuse or violence, ask the police or prosecutor for help in having the firearms removed and getting the court to prohibit the abuser from obtaining any other firearms.

A protective order can help protect you immediately by legally keeping your partner from physically coming near you, harming you or harassing you, your children or your family members. This legal documentation to keep your abusive partner away from you can often contain provisions related to custody, finances and more. If you are concerned about your abuser's use or threatened use or possession of firearms, you can also ask the court to have law enforcement remove the firearms and prohibit the abuser from obtaining any other firearms.

*Please note: a protective order cannot **guarantee** your safety, but it can be one step in an overall safety plan.*

If the abuser possesses firearms and has been threatening or hurting you in any way, with or without the firearms, strongly consider letting a victim advocate or the police know. Domestic violence escalates over time, and an abuser can very quickly move from threats to actual use of a firearm. A victim advocate can help you make a plan for how to stay safe and how to safely report the existence of the firearms.

Where can I get an application to get a restraining order?

- Courthouses
- Women's shelters
- Volunteer legal services offices
- Some police stations

What information will I need for the FBI to conduct a background check for a misdemeanor crime of domestic violence (MCDV)?

- At least one of the following: defendant's (*i.e. the abusive partner*) social security number, driver's license number, address, or date of birth.
- Case or docket number of the MCDV
- If the defendant was an "intimate partner" of the victim
- Has the defendant been convicted of or pleaded guilty to a MCDV
- Did the defendant have the right to a jury
- Was the defendant represented by counsel
- If the defendant received notification of their conviction keeping them from possession of a firearm or ammunition.

For more legal information visit womenslaw.org.

In a Violence Policy Center study on cases where men murder women there were 239 women shot and killed by either their husband or intimate acquaintance during the course of an argument.

Nationwide, for homicides in which the weapon could be determined (1,458), more female homicides were committed with firearms (54 percent) than with any other weapon.

What can I do to prepare myself for an emergency situation?

- Safety planning is done best when it is specific to you and your situation. We strongly advise you seek out your local domestic violence organization or shelter to aid you in creating this plan.
- Important things to consider in making your safety plan:
 - Ensuring that law enforcement knows of any firearms prohibitions.
 - Finding friends and family members that can help you in this process.
- Make a list of the firearms your abusive partner possesses and whether they have ammunition, and keep the list in a safe place. This list can be helpful if you need to go to court or law enforcement to ask for help in having the firearms removed. However, if your abuser has access to your phone, computer, or other personal belongings, do not put yourself at further risk by writing this information down.
- Getting a protective order in many states can require that an abusive partner turn over their guns. Ask the court to do so, and also ask the court to do a follow up compliance review to make sure the abuser has actually turned in the firearms.
- If your partner is a convicted felon, anonymously let your partner's parole/probation officer know your partner has a gun.
- Familiarize yourself with First Aid techniques online or take a class through the Red Cross.

For additional support and information about resources in your area:

National Domestic Violence Hotline:

1-800-799-7233 | 1-800-787-3224 (TTY) | thehotline.org

Connections

24/7 Clackamas County Crisis and Support Line 503-655-8585

24/7 National Suicide Prevention Hotline 800-273-8255

24/7 YouthLine 877-968-8491

Text teen2teen to 839863
Chat: OregonYouthLine.org
Email: Teen2Teen@linesforlife.org

Provides free mental health support for teens by teens. Teens can talk about any issue, large or small. Teens staff the line from 4 to 10 p.m.

Youth ERA (youth support) 971-334-9295

24/7 Trans Lifeline's Peer Support Hotline 877-565-8860

24/7 The Trevor Project Suicide 866-488-7386

Prevention Lifeline for LGBTQ youth

24/7 Senior Loneliness Line 503-200-1633

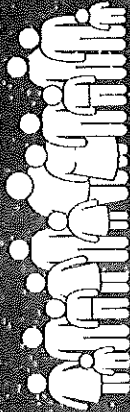
24/7 Veterans Crisis Line 800-273-8255 press #1

Oregon City



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TOGETHER



In 1985, neighbors opened homes and shared what they had to build a safer community for families – the beginning of Clackamas Women's Services. Our services have grown beyond shelter, and we offer a wide range of resources to anyone experiencing domestic and sexual violence, from initial crisis to long-term healing.

We work with community members, partner agencies, law enforcement, and other systems-based partners to build a community that supports and uplifts survivors of domestic and sexual violence.

We're Here For You



24-hour Crisis & Support Line
(503) 654-2288 or (888) 654-2288



Confidential Text & Chat Line
rc.chat/cws or (503) 461-2888
Available Monday-Friday 9:30am-4pm

Clackamas Women's Services

Located at A Safe Place Family Justice Center
256 Warner Milne Rd
Oregon City, OR 97045

Phone: (503) 655-8600
Website: www.cwsor.org
Email: info@cwsor.org



Breaking the Isolation of Domestic and Sexual Violence

Reconnecting survivors with the safety and well-being they deserve

Clackamas Women's Services helps individuals and families experiencing and healing from domestic and sexual violence, child and elder abuse, stalking, dating violence, and trafficking. We work with survivors currently experiencing violence to plan for their safety, as well as help to heal from trauma in the past. Our programs and services are free, confidential, available in multiple languages, and with any accommodations needed. Our support is available regardless of gender identification, sexual orientation, age, and immigration status to ensure anyone escaping violence can access the resources they deserve. We honor the depth and diversity of lived experiences across our community.



If you or someone you know is experiencing domestic or sexual violence, call our 24-hour Crisis and Support Line at (503) 654-2288 or (888) 654-2288.

Programs and Services

Individualized Support

Advocacy and case management, including:

- Emotional support
- Safety planning
- Help filing for protective orders
- Help accessing community resources and navigating public systems
- Assistance with budgeting and money management

Services are available at A Safe Place Family Justice Center, Clackamas County DHS offices, Clackamas County Public and Behavioral Health Centers, and in rural communities via our mobile advocates and Promotoras Program.

Youth Services

Confidential individual, family, and group support for children and youth who have experienced family, sexual, or dating violence.

Community Education and Prevention

Education about how to prevent domestic, dating, and sexual violence, including school-based violence prevention programming for K-12 grade public school students.

Latina Services

Culturally specific services for Latinx communities, along with leadership development opportunities for Latinx survivors and staff.



24-hour Crisis and Support Line

Emotional support and safety planning for survivors. Consultation and support are also available for family, friends, and other service providers.

Shelter and Housing

Connecting survivors with a supportive community and the space to rebuild their lives via emergency shelter, short and longer-term housing solutions, with ongoing case management and support.

Counseling and Support Groups

Individual counseling and a range of support groups, including youth and family counseling.

"I was treated with nothing but kindness and respect. The staff were very supportive of me on my pathway to recovering from my situation... I honestly did not think I would be able to access help. I am so used to being set by the wayside and seeking help was scary as I thought it would be another closed door. My experience was quite the opposite and for that I can only express a deep gratitude. Thank you to everyone who worked with me. I will never forget it."

"Mary"



How can you tell if you or someone you know is in an abusive relationship?



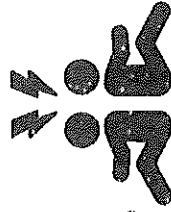
Plan for your safety

People experiencing domestic and sexual violence are already highly skilled at planning for their (and their loved ones') safety. For support in thinking about some of these ideas, please call our 24-hour Crisis and Support Line at (503) 654-2288 or (888) 654-2288.

Below are behaviors that abusive people often use. These may help you recognize if you or someone you know is in an abusive relationship.

Isolation

Preventing or making it difficult for you to see friends or relatives, monitoring phone calls, saying bad things about your friends or family, and controlling where you can and cannot go.



Abusing Authority

Always claiming to be right (insisting their statements are "the truth"), telling you what to do, making all the big decisions, and using false logic.

Financial Control

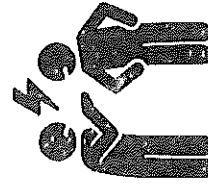
Making it difficult for you to work or go to school, interfering with your job, taking or refusing to give you access to money, guilt-tripping you into giving them money, controlling your finances, and taking your car keys or not letting you use the car.

Minimizing, Denying, and Blaming

Making light of abusive behavior and not taking your concerns about it seriously, saying the abuse didn't happen, shifting the responsibility for abusive behavior by saying it's your fault, and taking advantage of gaps in your memory or invalidating your experiences (gaslighting).

Threats

Threatening suicide or other forms of self-harm, threatening to report you to child welfare, ICE, or other social service agencies, threatening to harm or keep you from your kids/grandkids, threatening harm to pets, and physical intimidation.



Abusing Trust

Lying, withholding information, cheating, being overly jealous, demanding your passwords, and monitoring your social media, email, or phone.

Breaking Promises

Not honoring agreements, not taking a fair share of responsibility, and refusing to help with childcare or housework.

Disrespect

Interrupting, changing topics, not listening or responding, twisting your words around, putting you down in front of other people, and not respecting your feelings, rights, opinions, or experiences.

Harassment

Making unwanted or unwanted visits or calls, following you, checking up on you, embarrassing you in public, and refusing to leave when asked.

What are the warning signs?

What signs you notice before the person who hurts you escalates their abusive behavior?

- What were some hints they would act that way?
- Did they give you the silent treatment?
- Set up no-win scenarios?
- Escalate near holidays or when you have more money or resources?

These are good to notice so you know when to practice parts of your safety plan in the future.

What's worked in the past?

What happens when things get bad? How have you responded when they have hurt you in the past? Think about what worked and what didn't work.

- Did fighting back help or not?
- Did calling the police help or not?
- Did asking the kids to go to a neighbor's help or not?
- Where have you gone where they don't harass you?
- Did suggesting your partner go out with friends help or not?

What's likely to happen?

Think about situations that are likely to happen with the person who has hurt you that you feel most nervous about. Plan for how you can respond to each of them.

Is it likely this person will:

- Try to pick a fight with you?
- Yell at you or call you names?
- Approach you at school or work?
- Try to find you through social media?
- Ask your friends or relatives how to find you or give you messages?
- Ride the same bus route or look for your car?

Who are safe people?

Think about people you might be able to involve in your safety plan:

- Friends or family (consider people you haven't spoken to in a while)
- Your church or community members
- Neighbors

You may want to avoid sharing important safety information with people who are close to the person who hurt you.

What are their tactics that you should consider when planning for your safety?

- Have they monitored your phone calls, or checked your call history or texts?
- Do they look at your email, social media, or internet history?
- Do they monitor your spending or not allow you to keep money?

What important items should you keep close?

If you are considering leaving, useful things to pack for you and your kids are:

- ID, debit/credit card, Social Security cards, birth certificates, and immigration documents
- School and medical records
- Medications
- Copies of divorce, custody, or protective orders
- List of important phone numbers
- Money and bank/property info
- Photos or sentimental items

While there are things you can do to keep yourself safe, you are NEVER responsible for someone's choice to be abusive or controlling.

A SAFE PLACE

Where you can find help.

[ABOUT](#)
[SERVICES](#)
[PARTNER AGENCIES](#)
[PROGRAMS](#)
[GET INVOLVED](#)
[CONTACT US](#)

Services

Anyone experiencing or fleeing a domestic violence situation is able to access a variety of services at no cost at A Safe Place.

A Safe Place is for survivors and their support people. Anyone experiencing family violence, sexual violence or abuse against older adults and people with disabilities are welcome at A Safe Place. **Services you can access at A Safe Place:**

- Speak to someone knowledgeable about domestic violence, sexual assault, stalking, or abuse against older adults and people with disabilities
- Discuss ways to stay safe
- Find out about housing and other basic resources
- Apply for a temporary order of protection or file a police report
- Learn about the court process and legal issues
- Attend a support group or receive counseling
- Learn about financial empowerment
- Talk with service providers from different agencies in one visit

Support Groups

Support Group

Have an intimate partner who has been abusive or controlling towards you? You are not alone. Clackamas Women's Services offers weekly drop-in support groups for those who identify as women. The support group takes place at A Safe Place on Fridays from 11am-12:30pm. For more information, call the CWS 24-hour crisis and support line at 503-654-2288.

Sexual Assault Support Group

Clackamas Women's Services is hosting a free and confidential support group for individuals over 18 who have experienced sexual assault. For more information or to sign up, contact 503-349-4849 or maryv@cwsor.org.

Abuse Recovery Ministry Services Christian Support Group

Abuse Recovery Ministry Services provides free faith-based classes to educate, encourage, and support women who are facing or recovering from domestic abuse and violence. Topics include (but are not limited to): overcoming low self-esteem, oppression, boundaries, depression, anger, loneliness, healthy choices, recognizing true love, and dare to dream. The group takes place at A Safe Place on Tuesdays from 2-3:30pm. For more information, please contact 503-846-9284.

A Window Between Worlds

Clackamas Women's Services offers a healing art workshop – providing children who have experienced trauma and transition a window of time where they can feel safe and supported while discovering who they are through creative expression. Workshop topics include: creating safety, processing anger, exploring our inner world, and holiday workshops. It is open to children ages 7-17. Workshops will take place on Wednesdays from 4:30-5:30pm at A Safe Place. For more information or to sign-up, call 503-908-9411.

Love and Life

Clackamas Women's Services offers Love and Life, a group for 5th to 8th graders who identify as girls. Group topics include learning about healthy

relationships, friendships and peer pressure, self esteem, and dealing with overwhelming emotions. For more information or to sign-up, call 503-908-9411.

A SAFE PLACE

Where you can find help.

[ABOUT](#)

[SERVICES](#) [PARTNER AGENCIES](#) [PROGRAMS](#)

[GET INVOLVED](#) [CONTACT US](#)

Make Parenting a Pleasure

Clackamas Women's Services's Make Parenting a Pleasure is a Spanish language parenting group for parents with children ages newborn to 12 years old. Join other parents and learn about how to manage stress and anger in healthy ways, develop communication skills, and learn about tools for positive discipline. For more information or to sign-up, call 503-908-9411.

Temporary Protection Orders

Protection orders can be obtained at A Safe Place Monday through Friday during business hours.

In order to file an order and appear before the Judge in the same day, paperwork must be reviewed and filed with A Safe Place before 10:30 a.m.

Paperwork completed after 10:30 a.m. can be filed at a later date by calling in to our office on the day you are ready to file.

SERVICES

A SAFE PLACE FAMILY JUSTICE CENTER

- ☎ 503-655-8600
- 🌐 www.asafeplacefjc.org
- 📍 256 Warner Mill Rd,
Oregon City, OR 97045
- 🕒 Open Mondays thru Thursdays
8am to 4pm
Fridays, 8am-1pm

MENU

- About
 - About A Safe Place
 - About Domestic Violence
- Services
- Partner Agencies
- Programs
 - Camp HOPE Oregon
 - Legal Empowerment Accelerator Program (LEAP)
 - Voices
- Get Involved
- Contact Us

ABOUT US



A Safe Place brings many agencies and professionals together to provide support and safety planning for anyone experience domestic or sexual violence.

TRANSLATIONS AVAILABLE

🇺🇸 English

SEARCH

Search ...

If You're Being Stalked

What to do to ensure your safety and make it stop

Stalking can be a component of domestic violence, most often occurring after a survivor leaves an abusive partner. It's another form of control by an abuser and can also be used as a way to intimidate a partner. However, anyone can be stalked. You may not even know your stalker very well, but are sure that you're being stalked.

While getting an order of protection, or restraining order, against a stalker is a great place to start, there are other steps you should take to ensure your safety. These tips come from Safe Horizon, a New York domestic violence nonprofit and the largest victims' services agency in the U.S.

Safety Tips If You Think You're Being Stalked

If you are a domestic violence survivor and enter a shelter, make sure not to divulge the location of the shelter to anyone. These shelters rely on their confidential locations to keep all survivors safe. Don't text, email or call anyone with your location because your perpetrator could access that information and try to find you.

Whether in a shelter or some other location, change your normal route that you take to go home on a regular basis. Try to vary your routine all together—if you go to the gym at 6 p.m. every day, try going in the morning instead. Don't set up an easy pattern the stalker can follow.

Rent a P.O. box to keep your address confidential. Put this on your mail, checks and any other forms that ask for your address.

Save any packages, letters, messages or gifts your stalker sends you. They may be important evidence when you report your stalker to the police. Likewise, save all voicemails and texts from your stalker.

Become familiar with 24-hour stores or other public, highly populated areas in your neighborhood. If you feel like you're being followed, go to one of these and not to your home.

Let your friends, family, neighbors and place of employment know that you are being stalked so that your stalker can not get information about you from them. If you have a photo of your stalker, share this at the places you most frequent, such as your workplace or gym.

Do not hesitate to call 911 if you feel you're in danger.

If you aren't sure whether someone is stalking you, here are common behaviors to watch for, says survivor, domestic violence activist and blogger Amy Thomson:

- 1.Shadowing your computer sessions
- 2.Monitoring your email, either by force or by hacking into your account
- 3.Auditing calls and texts on cell and home phones by comparing them against online call details
- 4.Installing surveillance equipment in the home without your knowledge
- 5.Having a third party watch you while your stalker is out of the house
- 6.Having a third party watch/follow you while YOU are out of the house
- 7.Repeated calls at work (despite your requests to call only with important things)
- 8.Following you and watching you from a distance without your knowledge
- 9.Repeated unnecessary visits to your place of work
- 10.Calling you frequently to monitor your where-a-bouts
- 11.Having you call every time you leave and arrive home, work, school, etc.
- 12.Tracking you via GPS on your cell phone

Sexual Assault on Campus: Awareness, Safety, and Help

Sexual assault of college students remains a topic of considerable concern across the nation's campuses, particularly when it comes to how colleges handle sexual assault cases. According to the data above, sexual offenses are the second highest crime on college campuses, just behind burglaries. One in five students experience some form of sexual assault while attending college, according to an April 2014 report by The White House Task Force to Protect Students from Sexual Assault. Another recent study found that less than one-third of students found responsible for sexual assault are expelled from college. But what exactly is considered "sexual assault" and what does one do if he or she becomes a victim of it?

Understanding Sexual Violence

Broadly speaking, the term sexual violence refers to any sexual act or activity committed against an individual without freely given consent. Both women and men can be victims of sexual violence. It is important to note that although such acts can happen in a number of different ways, this guide will focus only on the types of sexual violence that occur most among college students. Below is an overview of the different types of sexual violence most common on college campuses:

Sexual Harassment

This is defined as any unwanted sexual attention or advances from an individual or group and can be verbal and/or physical. The U.S. Equal Opportunity Commission reports that it's against the law to harass someone or make unwanted advances that are verbally hostile, suggestive, or demeaning because of their sex. Offenders and victims include both men and women. On campus, sexual harassment can occur in class, within college organizations, or at social activities.

Stalking

Stalking is defined as repeated and unwanted attention, contact, or harassment, particularly when it causes an individual to feel unsafe or fearful. This can happen with or without a person's knowledge. Examples include following a person, watching from a distance, waiting for someone at a certain location, or contacting a person's family and friends without permission. Stalking can also be done via repeated phone calls, social media messages, texts, and unwanted gifts. According to RAINN, the majority of stalking victims in the United States are between 18 and 24 years old.

Coercion

Any type of significant pressure used to force an individual to freely and willingly give consent. This often includes behavior such as threats or blackmail.

Sexual Assault

An umbrella term, sexual assault is any form of sexual contact or behavior that occurs without freely given consent of the recipient, man or woman. According to the U.S. Department of Justice, activities that fall under sexual assault include forced sexual intercourse, forcible sodomy, fondling, attempted rape, incest, and child molestation.

What to do if You have Been Sexually Assaulted

All sexual violence is punishable under federal, state, and local laws. In some cases, victims may fear reporting the crime for a number of personal reasons. Keep in mind, however, that reporting a sexual assault does not mean the victim must press charges. But failing to report the violence and pursue legal action has its own consequences, including the assailant continuing to assault other individuals. Survivors that report crimes may be eligible to receive financial support for medical treatment and counseling under the federal Victims of Crime Act (VOCA). There are also state victim compensation programs, but these often require that the crime be reported within 72 hours. Many college psychologists argue that reporting and pressing charges is a step towards regaining personal power and healing. Still, choosing to press charges is an individual choice.

In the short hours after a crime, whether a person wants to press charges or not, survivors should do all they can to preserve physical evidence for law enforcement. But before any of that happens, victims need to ensure their immediate safety and physical/emotional well-being. Below are some basic tips on what to do after a sexual assault:

Find a Safe and Secure Location

Following a sexual assault, the victim should go to a safe, secure location. These may include the campus police department, a dormitory, or a trusted friend's apartment.

Seek Medical Attention Immediately

After an assault, it is extremely important to receive a medical exam, even if there are no visible wounds, to test for STDs, pregnancy, or other health-related concerns. Victims can call the police, 911, or the National Sexual Assault Telephone Hotline (NSAT) at 800.656.HOPE (4673). Counselors offer immediate emotional support, including talking victims through what happened and offering free confidential guidance to local medical facilities and counseling. Students can receive care from local medical facilities recommended by NSAT hotline counselors or visit the campus health center or local hospital. Emergency rooms will still treat rape victims without collecting evidence at the student's request. Survivors who intend to report the rape and press charges should avoid bathing or showering until after they receive care. Sexual Assault Nurse Examiners (SANE) are professionals that conduct forensic exams to collect DNA with the victim's consent.

Get Support From Family, Friends, and/or Counselors

Survivors often report insomnia, headaches, panic attacks, and sometimes shame following a sexual assault. Talking to others can be a form of healing, but some students may need more than crisis counseling to work through their experiences. Campus counseling centers, college health centers, and community counseling organizations can be instrumental in supporting a student through the immediate aftermath of a sexual assault.

Talk to a Legal Professional or Administrator and Consider Legal Action

In most cases, victims can choose to submit a formal report and press charges through the police or they can pursue disciplinary action through their college or university. Victims should talk to a legal professional or college administrator to learn about the process and his or her options.

Wellness and Abuse-Prevention Resources – Clackamas County Sheriff Office

Local Resources

- **A Safe Place**

Clackamas County's Family Justice Center -- where survivors of domestic abuse, sexual assault, and vulnerable adult abuse can access many of their services under one roof.

503-655-8600

- **Clackamas Women's Services (CWS)**

Local non-profit serving survivors of domestic and sexual violence in Clackamas County. Services include: 24 hour hotline, emergency housing, children's program, and public education/outreach.

503-654-2288 / 1-888-654-2288 (24-hour hotline)

- **Clackamas County District Attorney's Office Victim Assistance Program**

Provides direct victim services to all victims of all crimes, child or adult victim, person or property crime, adult or youth offender. Services include information on victim's rights and ongoing support.

503-655-8616 (24-hour hotline)

- **Clackamas County Child Abuse Hotline**

Child protective services is the part of the Department of Human Services (DHS) that responds to child abuse reports. CPS-trained caseworkers across the state listen to reports of abuse, assess the situations and prepare service plans to assist children and families.

971-673-7112

- **The Children's Center**

A medical evaluation center in Clackamas County for children suspected to be victims of abuse or neglect.

503-655-7725

- **Domestic Violence Resource Center of Washington County**

A non-profit agency providing free services to adult and child survivors of domestic violence within Washington County, Oregon and surrounding areas.

- **DVERT (Domestic Violence Enhanced Response Team)**

Through a coordinated response with its Clackamas County partners, DVERT improves domestic violence investigations, prosecution and offender accountability. 9101 SE Sunnybrook, Clackamas, Oregon 97015 map

Main line: 503-785-5000

Victim Assistant Line: 503-557-5846

- Mid-Valley Women's Crisis Service

Offering safe refuge and support to women and children who survive domestic and sexual violence. Programs and services inform survivors of their options and support them in their choices. Email - 795 Winter St NE, Salem, OR 97301 map

503-378-1572

- Multnomah County's domestic violence resource page

- Police Family Violence Fact Sheet

Provided by the National Center for Women & Policing.

- Project UNICA (Spanish)

Works to ensure that Latino individuals and families impacted by domestic violence have equal access to community resources.

503-232-4448 / 1-888-232-4448 (24-hour hotline)

Resources for Veterans and Their Families

- Portland VA Medical Center

3710 SW U.S. Veterans Hospital Rd., Portland, OR 97239

503-220-8262 / 800-949-1004

- Veterans Crisis Line

1-800-723-8255 (press 1)

- Intimate Partner Violence and Military Veterans

National Resources

- National Domestic Violence Hotline

1-888-799-SAFE (7233)

- Rape Abuse and Incest National Network (RAINN)

1-800-656-HOPE (4673)

WHO TO CONTACT

Resource List

(ii) The National Domestic Violence Hot Line: 1-800-799-7233 or
<https://www.thehotline.org/>;

The National Sexual Assault Hotline
1-800-656- HOPE (4673) or <https://rainn.org/>;

The National Center for Victims of
Crime - Victim Helpline 1-855-4-VICTIM.

(iii) The Oregon Coalition Against Domestic and Sexual Violence website's list
of victim services providers, <https://www.ocadsv.org/find-help>.

(iv) The Oregon Law Help website <https://oregonlawhelp.org/>,
Contains contact information for local legal service offices as well as basic
information about protections for gaining employment and housing.

(v) Perpetrator Information:

Contact the EAP service provider as listed above
or refer to The Batterer Intervention Providers Directory 2016 for a list of
batterer intervention providers throughout Oregon.

The directory is located on the www.ocadsv.org website

Oregon Coalition Against Domestic and Sexual Violence
503-230-1951

National Stalking Resource Center (NSRC)

National Human Trafficking Hotline and Resource Center
1-888-373-7888

GLBT National Help Center

1-888-THE-GLNH (1-888-843-4564)

National Suicide Prevention Life Line Program

1-800-273-TALK (8255)

Espanol (Spanish) 1-888-628-9454

TTY 1-800-799-4TTY

Oregon Attorney General's Sexual Assault Task Force

Referweb.net/info or 211

Domestic Violence Hotlines

Oregon Coalition Against Domestic and Sexual Violence

1737 NE Alberta St., Suite 205

Portland, OR 97211

Phone: 503-230-1951

Portland Women's Crisis Line: 1-888-235-5333

Website: <http://ocadsv.org>

National Domestic Violence Hotline:

NDVH.ORG or 800-799-SAFE (7233)

National Sexual Assault Hotline 800 656-4673

Domestic violence referrals throughout the United States.

Restraining and Protective Orders

Multnomah County Courts

503-988-3022, 1021 SW 4th Ave. Portland, OR.

Clackamas County Courts

503-655-8616, 807 Main St., Oregon City, OR.

Washington County Courts

503-640-5352 x 306, 180 East Main Street Suite 200 Hillsboro OR

LAW ENFORCEMENT AGENCIES

Emergencies: Dial 9-1-1

Non-Emergency Police (Multnomah Co): 503-823-3333

Non-Emergency Police (Washington Co): 503-629-0111

Non-Emergency Police (Clackamas Co): 503-655-8211

Non-Emergency Police (Clark Co): 360-397-2366

Portland Police Department Domestic Violence Unit: 503-823-0090

Volunteers of America Home Free:

503-771-5503 (8am to 6pm)

Case management, support, and resources for survivors of domestic violence.

Washington State Domestic Violence Hotline:

800-562-6025

Information and referral for battered women and their families in Washington state.

Gay Men's Domestic Violence Hotline:

GMDVP.ORG or call 800-832-1901

Sexual Violence Hotlines

RAINN (Rape, Abuse and Incest National Network):

RAINN.ORG or 800-656-HOPE (4673)

Sexual Assault referral throughout the United States.

Sexual Assault Resource Center:

503.640.5311

Advocacy for sexual assault survivors living in Washington County.

Proyecto UNICA:

503-232-4448

24-hour hotline for Spanish speaking survivors of domestic violence and sexual assault.

Megan's Law Hotline

1 (888) 275-7365

Parents for Megan's Law and the Crime Victims Center (PFML/CVC) provides national Helpline community support and assistance on issues related to Megan's Law, sex offender management and sexual assault prevention. You can contact PFML/CVC trained staff who are available to support you and your community.

Other Crisis Lines

Child Abuse Reporting Hotline:

800-509-5439

Reporting line for all child abuse in the state of Oregon.

Alcohol & Drug Helpline:

800-923-4357

24-hour hotline providing information and referrals for substance abuse treatment statewide.

Visit Recovery.org to find substance use facilitates in your area.

Oregon SafeNet:

1-800-723-3638 (SAFENET)

A helpline for information about food stamps, WIC, the Oregon Health Plan, low cost medical help, immunizations, and women's health needs.

Domestic Violence Shelters

Bradley Angle House

503-281-2442

This shelter is located in Portland. Services for clients include advocacy, case management and support groups. This is a confidential shared housing space.

Casa Hogar

503-933-7840 or 503-974-9882

This shelter is in Clackamas County. Specialize in working with Spanish speaking Latina survivors of domestic violence. This is a confidential shared housing space.

SAFES of Columbia County

503-397-6161 or 877-397-6161

This shelter is located in St. Helens. A shuttle runs from Portland to St. Helens several times a day on weekdays. Services for clients include advocacy, case management and support groups. This is a confidential shared housing space.

DVRC Monika's House

503-469-4580

This shelter is located in Washington County. Services for clients include advocacy, case management and support groups. This is a confidential shared housing space.

Raphael House

503-222-6222

This shelter is located in Portland. Services for clients include advocacy, case management and support groups. This is a confidential shared housing space.

YWCA Safechoice

360-695-2655 or 800-695-0167

This shelter is located in Vancouver, WA. Services for clients include advocacy, case management and support groups. This is a confidential shared housing space.

Culturally Specific Services for Domestic & Sexual Violence

El Programa Hispano

503-669-8350

All services in Spanish. Community-based domestic violence support groups, domestic violence advocacy, case management, information and referral, transitional housing program, children's advocate, sexual assault specialist, housing assistance, immigration, citizenship and literacy.

Bradley Angle Healing Roots

503-595-9591

Drop in resource center that specializes in serving African and African American survivors of domestic violence. Services offered include: advocacy, case management, economic empowerment classes, support groups and youth programs.

Self-Enhancement, Inc.

503-249-1721

Advocacy service center that specializes in working with African American survivors of domestic violence.

IRCO Refuge & Immigrant Family Strengthening

503-234-1541

Offers advocacy, support and information for immigrants experiencing domestic violence.

NAYA Native American Family Healing Circle

503-288-8177

Domestic violence support groups, advocacy and case management for Native American and Alaska Natives experiencing domestic violence.

Russian Oregon Social Services

503-777-3437

Services for Russian speaking populations. Services include; ESL, citizenship and computer classes, case management around domestic violence clients, and translation and interpretation services.

SAWERA

503-778-7386

Provides free, culturally sensitive confidential services to women and children of South Asian descent. Services include; safety planning, case management, support and information.

Gay, Lesbian, Bisexual, & Trans Specific Services

Gay Men's Domestic Violence Project

800-832-1901

National domestic violence hotline for gay men, located in Boston, MA. Crisis line offers emotional support, safety planning, crisis counseling, referrals and emergency housing.

Sexual Minority Youth Recreation Center

503-872-9664

Drop in center for LGBTQI youth.